

Poughkeepsie, NY - May 1989

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	9:28	3.2	10:08	3.4	3:56	0.3	4:20	0.0	5:51	7:53	
2	Tue	10:33	3.3	11:04	3.8	4:55	0.1	5:11	-0.2	5:50	7:54	
3	Wed	11:30	3.4	11:55	4.0	5:50	-0.2	6:00	-0.3	5:49	7:55	
4	Thu			12:23	3.5	6:45	-0.4	6:50	-0.4	5:47	7:56	
5	Fri	12:43	4.2	1:13	3.5	7:38	-0.5	7:41	-0.4	5:46	7:58	
6	Sat	1:30	4.2	2:06	3.4	8:30	-0.5	8:31	-0.3	5:45	7:59	
7	Sun	2:20	4.1	3:01	3.3	9:20	-0.5	9:20	-0.1	5:44	8:00	
8	Mon	3:12	3.9	3:59	3.2	10:09	-0.3	10:09	0.1	5:43	8:01	
9	Tue	4:09	3.6	4:59	3.0	11:00	-0.1	10:59	0.4	5:41	8:02	
10	Wed	5:08	3.4	5:58	3.0	11:55	0.1	11:56	0.6	5:40	8:03	
11	Thu	6:06	3.2	6:53	2.9			12:54	0.3	5:39	8:04	
12	Fri	7:00	3.0	7:45	2.9	1:01	0.8	1:53	0.4	5:38	8:05	
13	Sat	7:53	2.9	8:36	2.9	2:07	0.9	2:48	0.5	5:37	8:06	
14	Sun	8:46	2.8	9:28	3.0	3:08	0.8	3:36	0.5	5:36	8:07	
15	Mon	9:42	2.7	10:18	3.2	4:01	0.7	4:20	0.4	5:35	8:08	
16	Tue	10:35	2.8	11:03	3.3	4:49	0.6	5:00	0.4	5:34	8:09	
17	Wed	11:22	2.8	11:43	3.5	5:34	0.5	5:39	0.4	5:33	8:10	
18	Thu			12:04	2.8	6:18	0.3	6:18	0.4	5:32	8:11	
19	Fri	12:19	3.6	12:42	2.8	7:01	0.2	6:57	0.4	5:31	8:12	
20	Sat	12:53	3.6	1:19	2.8	7:44	0.1	7:37	0.4	5:31	8:13	
21	Sun	1:24	3.6	1:56	2.8	8:25	0.1	8:16	0.4	5:30	8:14	
22	Mon	1:56	3.6	2:34	2.8	9:06	0.1	8:54	0.5	5:29	8:15	
23	Tue	2:30	3.6	3:15	2.7	9:45	0.1	9:32	0.5	5:28	8:16	
24	Wed	3:11	3.5	4:04	2.7	10:25	0.1	10:11	0.5	5:27	8:17	
25	Thu	4:01	3.5	4:59	2.8	11:09	0.2	10:58	0.6	5:27	8:17	
26	Fri	4:59	3.4	5:55	2.9	11:59	0.2			5:26	8:18	
27	Sat	5:59	3.3	6:49	3.0	12:00	0.7	12:56	0.2	5:26	8:19	
28	Sun	6:57	3.3	7:43	3.2	1:17	0.7	1:56	0.2	5:25	8:20	
29	Mon	7:56	3.2	8:40	3.5	2:32	0.5	2:54	0.1	5:24	8:21	
30	Tue	9:00	3.2	9:41	3.7	3:38	0.4	3:49	0.0	5:24	8:22	
31	Wed	10:07	3.2	10:40	3.9	4:37	0.1	4:42	-0.1	5:23	8:22	