

Poughkeepsie, NY - Jun 1989

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	11:09	3.2	11:34	4.0	5:33	0.0	5:34	-0.1	5:23	8:23	
2	Fri			12:05	3.3	6:28	-0.2	6:27	-0.2	5:22	8:24	
3	Sat	12:24	4.1	12:58	3.3	7:22	-0.3	7:20	-0.1	5:22	8:25	
4	Sun	1:13	4.1	1:51	3.3	8:14	-0.3	8:12	0.0	5:22	8:25	
5	Mon	2:03	4.0	2:45	3.2	9:04	-0.3	9:02	0.1	5:21	8:26	
6	Tue	2:54	3.8	3:42	3.1	9:52	-0.2	9:50	0.3	5:21	8:27	
7	Wed	3:48	3.6	4:38	3.1	10:39	-0.1	10:38	0.5	5:21	8:27	
8	Thu	4:43	3.4	5:33	3.0	11:26	0.1	11:28	0.7	5:21	8:28	
9	Fri	5:36	3.2	6:23	3.0			12:16	0.3	5:20	8:29	
10	Sat	6:26	3.1	7:10	3.0	12:25	0.8	1:08	0.4	5:20	8:29	
11	Sun	7:13	2.9	7:56	3.1	1:27	0.9	1:58	0.5	5:20	8:30	
12	Mon	8:00	2.7	8:42	3.1	2:27	0.9	2:46	0.6	5:20	8:30	
13	Tue	8:50	2.6	9:31	3.2	3:23	0.8	3:31	0.6	5:20	8:31	
14	Wed	9:46	2.6	10:20	3.3	4:14	0.7	4:14	0.6	5:20	8:31	
15	Thu	10:41	2.6	11:05	3.4	5:02	0.6	4:57	0.6	5:20	8:31	
16	Fri	11:30	2.7	11:45	3.5	5:47	0.5	5:39	0.5	5:20	8:32	
17	Sat			12:14	2.7	6:33	0.3	6:23	0.5	5:20	8:32	
18	Sun	12:23	3.6	12:54	2.8	7:18	0.2	7:07	0.5	5:20	8:33	
19	Mon	12:59	3.7	1:34	2.8	8:03	0.1	7:53	0.4	5:20	8:33	
20	Tue	1:36	3.7	2:15	2.9	8:46	0.0	8:37	0.4	5:21	8:33	
21	Wed	2:16	3.7	3:00	2.9	9:28	0.0	9:21	0.4	5:21	8:33	
22	Thu	3:02	3.7	3:50	3.0	10:08	-0.1	10:06	0.4	5:21	8:33	
23	Fri	3:53	3.6	4:43	3.1	10:51	0.0	10:55	0.4	5:21	8:34	
24	Sat	4:48	3.5	5:38	3.2	11:36	0.0	11:54	0.5	5:22	8:34	
25	Sun	5:45	3.4	6:30	3.4			12:28	0.0	5:22	8:34	
26	Mon	6:41	3.3	7:22	3.5	1:04	0.5	1:25	0.1	5:22	8:34	
27	Tue	7:38	3.2	8:17	3.6	2:14	0.5	2:24	0.1	5:23	8:34	
28	Wed	8:39	3.0	9:18	3.7	3:21	0.4	3:22	0.1	5:23	8:34	
29	Thu	9:47	3.0	10:20	3.8	4:22	0.3	4:19	0.1	5:24	8:34	
30	Fri	10:53	3.0	11:18	3.9	5:19	0.1	5:14	0.1	5:24	8:34	