

Poughkeepsie, NY - Feb 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	4:19	3.2	4:44	2.9	11:00	0.0	11:09	-0.2	7:07	5:10	
2	Fri	5:16	3.2	5:44	2.7			12:11	0.1	7:06	5:12	
3	Sat	6:15	3.2	6:47	2.6	12:14	-0.1	1:25	0.2	7:05	5:13	
4	Sun	7:19	3.1	7:58	2.5	1:26	0.0	2:34	0.1	7:04	5:14	
5	Mon	8:32	3.1	9:12	2.6	2:35	0.0	3:36	0.0	7:03	5:16	
6	Tue	9:42	3.2	10:17	2.7	3:38	-0.1	4:33	-0.2	7:02	5:17	
7	Wed	10:41	3.3	11:11	2.9	4:35	-0.2	5:25	-0.4	7:01	5:18	
8	Thu	11:31	3.4	11:59	3.1	5:29	-0.3	6:14	-0.5	7:00	5:19	
9	Fri			12:16	3.5	6:19	-0.3	7:00	-0.6	6:58	5:21	
10	Sat	12:44	3.2	12:58	3.4	7:07	-0.4	7:42	-0.6	6:57	5:22	
11	Sun	1:27	3.2	1:40	3.3	7:51	-0.3	8:21	-0.5	6:56	5:23	
12	Mon	2:09	3.2	2:21	3.1	8:32	-0.3	8:56	-0.3	6:55	5:24	
13	Tue	2:51	3.1	3:03	2.9	9:11	-0.1	9:30	-0.1	6:53	5:26	
14	Wed	3:33	3.0	3:45	2.7	9:49	0.1	10:02	0.1	6:52	5:27	
15	Thu	4:15	2.9	4:29	2.5	10:31	0.3	10:34	0.3	6:51	5:28	
16	Fri	4:58	2.8	5:15	2.3	11:20	0.5	11:10	0.5	6:49	5:29	
17	Sat	5:41	2.7	6:02	2.2			12:23	0.6	6:48	5:31	
18	Sun	6:27	2.6	6:55	2.1	12:08	0.6	1:32	0.6	6:46	5:32	
19	Mon	7:22	2.6	8:00	2.1	1:25	0.7	2:34	0.6	6:45	5:33	
20	Tue	8:27	2.7	9:09	2.2	2:31	0.6	3:29	0.4	6:44	5:34	
21	Wed	9:30	2.8	10:05	2.4	3:28	0.5	4:17	0.2	6:42	5:36	
22	Thu	10:21	3.0	10:50	2.6	4:19	0.3	5:03	0.0	6:41	5:37	
23	Fri	11:04	3.3	11:29	2.9	5:07	0.0	5:47	-0.2	6:39	5:38	
24	Sat	11:44	3.4			5:55	-0.2	6:30	-0.4	6:38	5:39	
25	Sun	12:07	3.1	12:24	3.5	6:43	-0.4	7:11	-0.6	6:36	5:41	
26	Mon	12:46	3.3	1:06	3.5	7:29	-0.5	7:51	-0.6	6:35	5:42	
27	Tue	1:27	3.5	1:51	3.4	8:15	-0.6	8:31	-0.6	6:33	5:43	
28	Wed	2:12	3.6	2:40	3.3	9:01	-0.5	9:12	-0.5	6:31	5:44	