

Poughkeepsie, NY - Sep 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	10:49	2.8	11:03	3.4	5:00	0.6	5:01	0.8	6:21	7:29	
2	Sun	11:34	3.0	11:45	3.6	5:44	0.4	5:47	0.6	6:22	7:28	
3	Mon			12:13	3.2	6:26	0.3	6:34	0.4	6:23	7:26	
4	Tue	12:24	3.7	12:49	3.4	7:07	0.1	7:20	0.3	6:24	7:24	
5	Wed	1:01	3.8	1:24	3.6	7:48	0.0	8:06	0.1	6:25	7:23	
6	Thu	1:39	3.8	2:02	3.8	8:27	-0.1	8:51	0.0	6:26	7:21	
7	Fri	2:21	3.7	2:43	3.9	9:06	-0.1	9:37	0.1	6:27	7:19	
8	Sat	3:07	3.6	3:30	3.9	9:46	-0.1	10:25	0.1	6:28	7:18	
9	Sun	3:59	3.4	4:25	3.9	10:27	0.0	11:19	0.3	6:29	7:16	
10	Mon	5:00	3.2	5:26	3.8	11:16	0.2			6:30	7:14	
11	Tue	6:04	3.1	6:29	3.7	12:23	0.5	12:18	0.4	6:31	7:12	
12	Wed	7:09	3.0	7:34	3.6	1:36	0.6	1:34	0.6	6:32	7:11	
13	Thu	8:15	3.0	8:42	3.6	2:46	0.5	2:48	0.6	6:33	7:09	
14	Fri	9:25	3.1	9:51	3.6	3:49	0.4	3:54	0.5	6:34	7:07	
15	Sat	10:31	3.3	10:53	3.7	4:45	0.2	4:52	0.4	6:35	7:05	
16	Sun	11:26	3.5	11:44	3.7	5:35	0.1	5:45	0.3	6:36	7:04	
17	Mon			12:13	3.6	6:22	0.0	6:35	0.2	6:37	7:02	
18	Tue	12:29	3.8	12:56	3.8	7:06	-0.1	7:23	0.1	6:38	7:00	
19	Wed	1:10	3.7	1:36	3.8	7:48	0.0	8:08	0.1	6:39	6:59	
20	Thu	1:50	3.6	2:15	3.8	8:28	0.0	8:50	0.2	6:41	6:57	
21	Fri	2:30	3.5	2:54	3.7	9:04	0.2	9:31	0.3	6:42	6:55	
22	Sat	3:11	3.3	3:34	3.6	9:39	0.4	10:10	0.4	6:43	6:53	
23	Sun	3:55	3.1	4:16	3.4	10:11	0.6	10:50	0.6	6:44	6:52	
24	Mon	4:43	2.9	5:02	3.3	10:41	0.8	11:34	0.8	6:45	6:50	
25	Tue	5:34	2.7	5:51	3.2	11:13	1.0			6:46	6:48	
26	Wed	6:27	2.6	6:41	3.1	12:30	1.0	11:59 AM	1.1	6:47	6:46	
27	Thu	7:20	2.6	7:32	3.1	1:37	1.0	1:22	1.2	6:48	6:45	
28	Fri	8:15	2.6	8:27	3.1	2:40	1.0	2:39	1.2	6:49	6:43	
29	Sat	9:13	2.7	9:27	3.2	3:35	0.8	3:39	1.0	6:50	6:41	
30	Sun	10:09	2.9	10:22	3.3	4:22	0.6	4:32	0.8	6:51	6:39	