

Poughkeepsie, NY - Oct 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	10:56	3.2	11:10	3.5	5:06	0.4	5:20	0.5	6:52	6:38	
2	Tue	11:37	3.5	11:52	3.7	5:48	0.2	6:08	0.3	6:53	6:36	
3	Wed			12:15	3.8	6:29	0.0	6:56	0.1	6:54	6:34	
4	Thu	12:34	3.8	12:53	4.0	7:11	-0.1	7:45	-0.1	6:55	6:33	
5	Fri	1:16	3.8	1:33	4.1	7:55	-0.2	8:33	-0.1	6:56	6:31	
6	Sat	2:00	3.7	2:18	4.2	8:39	-0.2	9:22	-0.1	6:57	6:29	
7	Sun	2:50	3.5	3:09	4.1	9:23	-0.1	10:12	0.0	6:58	6:28	
8	Mon	3:47	3.4	4:07	4.0	10:10	0.0	11:07	0.1	7:00	6:26	
9	Tue	4:53	3.2	5:13	3.8	11:03	0.2			7:01	6:24	
10	Wed	6:00	3.1	6:20	3.6	12:10	0.3	12:09	0.5	7:02	6:23	
11	Thu	7:05	3.1	7:25	3.5	1:20	0.4	1:24	0.6	7:03	6:21	
12	Fri	8:08	3.1	8:29	3.4	2:28	0.4	2:37	0.6	7:04	6:19	
13	Sat	9:12	3.2	9:34	3.4	3:29	0.3	3:41	0.5	7:05	6:18	
14	Sun	10:13	3.3	10:33	3.4	4:22	0.2	4:38	0.4	7:06	6:16	
15	Mon	11:05	3.5	11:23	3.5	5:10	0.1	5:29	0.3	7:07	6:15	
16	Tue	11:50	3.7			5:54	0.1	6:16	0.2	7:08	6:13	
17	Wed	12:06	3.5	12:30	3.8	6:36	0.1	7:01	0.2	7:10	6:12	
18	Thu	12:46	3.4	1:07	3.8	7:16	0.1	7:45	0.1	7:11	6:10	
19	Fri	1:25	3.3	1:43	3.8	7:54	0.2	8:27	0.2	7:12	6:09	
20	Sat	2:03	3.2	2:19	3.7	8:31	0.3	9:06	0.2	7:13	6:07	
21	Sun	2:42	3.1	2:55	3.6	9:05	0.4	9:44	0.4	7:14	6:06	
22	Mon	3:23	2.9	3:33	3.4	9:38	0.6	10:22	0.5	7:15	6:04	
23	Tue	4:09	2.7	4:14	3.3	10:08	0.7	11:02	0.7	7:17	6:03	
24	Wed	5:02	2.6	5:02	3.1	10:40	0.9	11:49	0.8	7:18	6:01	
25	Thu	5:56	2.6	5:55	3.1	11:19	1.0			7:19	6:00	
26	Fri	6:47	2.6	6:46	3.0	12:49	0.8	12:23	1.1	7:20	5:58	
27	Sat	7:35	2.6	7:38	3.0	1:52	0.8	1:54	1.1	7:21	5:57	
28	Sun	7:26	2.8	7:34	3.1	1:49	0.7	2:03	1.0	6:22	4:56	
29	Mon	8:19	3.0	8:34	3.2	2:38	0.5	3:00	0.7	6:24	4:54	
30	Tue	9:11	3.3	9:30	3.3	3:24	0.3	3:53	0.4	6:25	4:53	
31	Wed	9:58	3.6	10:21	3.4	4:08	0.1	4:43	0.2	6:26	4:52	