

Poughkeepsie, NY - Nov 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	10:43	3.9	11:08	3.5	4:52	-0.1	5:34	-0.1	6:27	4:50	
2	Fri	11:26	4.1	11:55	3.6	5:38	-0.2	6:26	-0.3	6:29	4:49	
3	Sat			12:12	4.3	6:27	-0.3	7:17	-0.3	6:30	4:48	
4	Sun	12:44	3.5	1:00	4.3	7:16	-0.3	8:08	-0.3	6:31	4:47	
5	Mon	1:38	3.4	1:54	4.1	8:07	-0.2	9:00	-0.3	6:32	4:46	
6	Tue	2:38	3.3	2:55	3.9	8:58	-0.1	9:54	-0.1	6:33	4:44	
7	Wed	3:44	3.2	4:01	3.7	9:53	0.1	10:53	0.1	6:35	4:43	
8	Thu	4:51	3.1	5:07	3.5	10:57	0.4	11:57	0.2	6:36	4:42	
9	Fri	5:52	3.1	6:08	3.4			12:08	0.5	6:37	4:41	
10	Sat	6:51	3.1	7:06	3.2	1:02	0.2	1:19	0.6	6:38	4:40	
11	Sun	7:49	3.2	8:06	3.1	2:00	0.2	2:22	0.5	6:40	4:39	
12	Mon	8:46	3.3	9:04	3.1	2:53	0.2	3:18	0.4	6:41	4:38	
13	Tue	9:38	3.4	9:56	3.0	3:40	0.1	4:08	0.3	6:42	4:37	
14	Wed	10:23	3.5	10:42	3.0	4:23	0.1	4:54	0.2	6:43	4:36	
15	Thu	11:03	3.6	11:23	3.0	5:04	0.2	5:39	0.1	6:44	4:35	
16	Fri	11:40	3.7			5:43	0.2	6:22	0.1	6:46	4:34	
17	Sat	12:02	3.0	12:16	3.6	6:23	0.2	7:04	0.1	6:47	4:34	
18	Sun	12:40	2.9	12:51	3.6	7:02	0.3	7:44	0.1	6:48	4:33	
19	Mon	1:19	2.8	1:27	3.5	7:39	0.4	8:23	0.2	6:49	4:32	
20	Tue	2:00	2.7	2:02	3.3	8:14	0.5	9:00	0.3	6:50	4:31	
21	Wed	2:43	2.6	2:39	3.2	8:47	0.6	9:37	0.3	6:52	4:31	
22	Thu	3:30	2.5	3:21	3.1	9:20	0.7	10:17	0.4	6:53	4:30	
23	Fri	4:20	2.5	4:09	3.0	9:56	0.8	11:02	0.5	6:54	4:29	
24	Sat	5:07	2.6	5:00	3.0	10:47	0.9	11:56	0.5	6:55	4:29	
25	Sun	5:51	2.7	5:52	2.9			12:04	0.9	6:56	4:28	
26	Mon	6:37	2.8	6:46	2.9	12:54	0.4	1:23	0.8	6:57	4:28	
27	Tue	7:28	3.0	7:46	2.9	1:48	0.3	2:29	0.5	6:58	4:27	
28	Wed	8:25	3.3	8:51	3.0	2:40	0.2	3:26	0.3	7:00	4:27	
29	Thu	9:22	3.6	9:52	3.1	3:31	0.0	4:21	0.0	7:01	4:27	
30	Fri	10:16	3.8	10:47	3.2	4:21	-0.2	5:15	-0.2	7:02	4:26	