

Poughkeepsie, NY - Dec 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	11:06	4.1	11:39	3.3	5:12	-0.3	6:09	-0.4	7:03	4:26	
2	Sun	11:57	4.1			6:06	-0.4	7:03	-0.5	7:04	4:26	
3	Mon	12:32	3.3	12:49	4.1	7:00	-0.4	7:55	-0.6	7:05	4:25	
4	Tue	1:28	3.3	1:44	4.0	7:54	-0.4	8:45	-0.5	7:06	4:25	
5	Wed	2:28	3.2	2:43	3.8	8:46	-0.3	9:37	-0.4	7:07	4:25	
6	Thu	3:30	3.2	3:45	3.6	9:40	-0.1	10:30	-0.3	7:08	4:25	
7	Fri	4:32	3.1	4:46	3.4	10:38	0.1	11:28	-0.1	7:09	4:25	
8	Sat	5:30	3.1	5:42	3.2	11:43	0.3			7:10	4:25	
9	Sun	6:24	3.1	6:36	3.0	12:27	0.0	12:51	0.4	7:10	4:25	
10	Mon	7:17	3.1	7:31	2.8	1:24	0.1	1:54	0.5	7:11	4:25	
11	Tue	8:10	3.1	8:28	2.7	2:17	0.2	2:52	0.4	7:12	4:25	
12	Wed	9:03	3.2	9:25	2.6	3:05	0.2	3:43	0.3	7:13	4:25	
13	Thu	9:53	3.2	10:16	2.6	3:50	0.2	4:30	0.2	7:14	4:25	
14	Fri	10:37	3.3	11:01	2.6	4:32	0.2	5:16	0.1	7:14	4:25	
15	Sat	11:17	3.4	11:42	2.7	5:14	0.2	5:59	0.0	7:15	4:26	
16	Sun	11:55	3.4			5:56	0.2	6:42	0.0	7:16	4:26	
17	Mon	12:22	2.7	12:32	3.4	6:38	0.2	7:23	-0.1	7:17	4:26	
18	Tue	1:01	2.7	1:07	3.3	7:18	0.2	8:02	-0.1	7:17	4:27	
19	Wed	1:40	2.6	1:41	3.3	7:55	0.2	8:38	-0.1	7:18	4:27	
20	Thu	2:19	2.6	2:15	3.2	8:31	0.3	9:13	0.0	7:18	4:27	
21	Fri	2:58	2.6	2:52	3.1	9:04	0.4	9:47	0.0	7:19	4:28	
22	Sat	3:39	2.6	3:34	3.0	9:40	0.4	10:23	0.1	7:19	4:28	
23	Sun	4:21	2.6	4:22	2.9	10:23	0.5	11:04	0.1	7:20	4:29	
24	Mon	5:06	2.8	5:13	2.8	11:25	0.5	11:56	0.1	7:20	4:29	
25	Tue	5:53	2.9	6:08	2.7			12:45	0.5	7:21	4:30	
26	Wed	6:46	3.1	7:09	2.7	12:56	0.1	1:59	0.4	7:21	4:31	
27	Thu	7:45	3.2	8:18	2.7	1:59	0.0	3:03	0.2	7:21	4:31	
28	Fri	8:52	3.4	9:30	2.8	3:00	-0.1	4:03	-0.1	7:22	4:32	
29	Sat	9:56	3.6	10:32	2.9	3:58	-0.2	4:59	-0.3	7:22	4:33	
30	Sun	10:54	3.8	11:28	3.1	4:55	-0.4	5:54	-0.5	7:22	4:34	
31	Mon	11:47	3.9			5:52	-0.5	6:48	-0.7	7:22	4:34	