

Poughkeepsie, NY - Mar 1991

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	12:40	3.5	12:57	3.6	7:10	-0.6	7:38	-0.7	6:30	5:45	
2	Sat	1:24	3.5	1:42	3.4	7:56	-0.5	8:19	-0.6	6:29	5:46	
3	Sun	2:08	3.5	2:27	3.2	8:39	-0.4	8:57	-0.4	6:27	5:47	
4	Mon	2:52	3.4	3:13	3.0	9:21	-0.2	9:34	-0.1	6:26	5:49	
5	Tue	3:37	3.2	4:01	2.7	10:04	0.0	10:11	0.2	6:24	5:50	
6	Wed	4:24	3.0	4:51	2.5	10:52	0.3	10:52	0.4	6:22	5:51	
7	Thu	5:12	2.9	5:41	2.4	11:48	0.5	11:46	0.6	6:21	5:52	
8	Fri	6:01	2.7	6:33	2.3			12:53	0.6	6:19	5:53	
9	Sat	6:54	2.7	7:31	2.2	12:56	0.8	1:57	0.6	6:17	5:54	
10	Sun	7:54	2.6	8:36	2.3	2:03	0.8	2:53	0.5	6:16	5:56	
11	Mon	8:58	2.7	9:35	2.4	3:01	0.6	3:42	0.4	6:14	5:57	
12	Tue	9:53	2.8	10:23	2.6	3:52	0.5	4:27	0.2	6:12	5:58	
13	Wed	10:38	3.0	11:02	2.9	4:39	0.3	5:09	0.0	6:11	5:59	
14	Thu	11:17	3.2	11:37	3.1	5:24	0.1	5:49	-0.1	6:09	6:00	
15	Fri	11:53	3.3			6:08	-0.1	6:28	-0.2	6:07	6:01	
16	Sat	12:09	3.3	12:28	3.3	6:52	-0.2	7:07	-0.3	6:06	6:02	
17	Sun	12:42	3.4	1:05	3.3	7:34	-0.3	7:44	-0.4	6:04	6:03	
18	Mon	1:17	3.6	1:46	3.2	8:17	-0.4	8:22	-0.3	6:02	6:05	
19	Tue	1:58	3.6	2:32	3.1	9:00	-0.3	9:00	-0.3	6:01	6:06	
20	Wed	2:45	3.6	3:26	2.9	9:47	-0.2	9:43	-0.1	5:59	6:07	
21	Thu	3:40	3.5	4:28	2.8	10:42	0.0	10:36	0.1	5:57	6:08	
22	Fri	4:43	3.4	5:32	2.7	11:51	0.2	11:48	0.2	5:55	6:09	
23	Sat	5:49	3.2	6:37	2.7			1:04	0.2	5:54	6:10	
24	Sun	6:58	3.2	7:46	2.8	1:09	0.3	2:11	0.1	5:52	6:11	
25	Mon	8:10	3.1	8:55	3.0	2:21	0.2	3:11	0.0	5:50	6:12	
26	Tue	9:20	3.2	9:56	3.2	3:25	0.1	4:05	-0.2	5:49	6:13	
27	Wed	10:18	3.3	10:48	3.4	4:21	-0.1	4:54	-0.3	5:47	6:15	
28	Thu	11:08	3.4	11:33	3.6	5:13	-0.2	5:41	-0.4	5:45	6:16	
29	Fri	11:52	3.4			6:03	-0.3	6:26	-0.4	5:43	6:17	
30	Sat	12:15	3.7	12:35	3.4	6:50	-0.4	7:08	-0.3	5:42	6:18	
31	Sun	12:56	3.7	1:17	3.3	7:35	-0.4	7:48	-0.2	5:40	6:19	