

Poughkeepsie, NY - Jul 1991

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	3:43	3.3	4:35	2.9	10:33	0.2	10:34	0.7	5:24	8:34	
2	Tue	4:21	3.2	5:13	3.0	11:05	0.3	11:13	0.8	5:25	8:34	
3	Wed	5:03	3.1	5:51	3.1	11:39	0.3			5:25	8:33	
4	Thu	5:49	3.0	6:31	3.2	12:04	0.8	12:21	0.4	5:26	8:33	
5	Fri	6:39	2.9	7:16	3.3	1:13	0.8	1:13	0.4	5:26	8:33	
6	Sat	7:34	2.9	8:08	3.5	2:27	0.8	2:16	0.4	5:27	8:33	
7	Sun	8:38	2.8	9:10	3.6	3:33	0.6	3:20	0.3	5:28	8:32	
8	Mon	9:51	2.9	10:18	3.8	4:34	0.4	4:22	0.2	5:28	8:32	
9	Tue	11:00	3.0	11:20	4.0	5:31	0.1	5:22	0.1	5:29	8:32	
10	Wed			12:00	3.2	6:26	-0.1	6:21	-0.1	5:30	8:31	
11	Thu	12:17	4.2	12:55	3.4	7:21	-0.3	7:19	-0.2	5:31	8:31	
12	Fri	1:10	4.2	1:50	3.5	8:13	-0.5	8:16	-0.2	5:31	8:30	
13	Sat	2:04	4.2	2:46	3.6	9:03	-0.5	9:09	-0.2	5:32	8:30	
14	Sun	2:59	4.1	3:43	3.7	9:50	-0.5	10:01	-0.1	5:33	8:29	
15	Mon	3:55	3.9	4:40	3.7	10:37	-0.4	10:54	0.1	5:34	8:29	
16	Tue	4:51	3.7	5:35	3.6	11:26	-0.2	11:49	0.3	5:34	8:28	
17	Wed	5:46	3.4	6:26	3.6			12:17	0.0	5:35	8:27	
18	Thu	6:39	3.2	7:16	3.5	12:50	0.5	1:11	0.3	5:36	8:27	
19	Fri	7:30	3.0	8:05	3.4	1:54	0.6	2:06	0.4	5:37	8:26	
20	Sat	8:24	2.8	8:57	3.4	2:55	0.7	3:01	0.6	5:38	8:25	
21	Sun	9:22	2.7	9:53	3.4	3:51	0.6	3:52	0.6	5:39	8:24	
22	Mon	10:23	2.6	10:46	3.4	4:43	0.6	4:41	0.7	5:40	8:24	
23	Tue	11:17	2.7	11:34	3.5	5:31	0.5	5:28	0.6	5:41	8:23	
24	Wed			12:03	2.8	6:16	0.4	6:13	0.6	5:41	8:22	
25	Thu	12:17	3.6	12:46	2.9	6:59	0.3	6:58	0.5	5:42	8:21	
26	Fri	12:56	3.6	1:25	3.0	7:41	0.2	7:41	0.5	5:43	8:20	
27	Sat	1:32	3.6	2:03	3.1	8:20	0.1	8:23	0.5	5:44	8:19	
28	Sun	2:06	3.6	2:40	3.1	8:56	0.1	9:01	0.5	5:45	8:18	
29	Mon	2:39	3.5	3:14	3.1	9:30	0.1	9:38	0.5	5:46	8:17	
30	Tue	3:12	3.4	3:47	3.2	10:01	0.1	10:13	0.6	5:47	8:16	
31	Wed	3:47	3.3	4:23	3.2	10:31	0.2	10:52	0.6	5:48	8:15	