

Poughkeepsie, NY - Aug 1991

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	4:29	3.2	5:05	3.3	11:02	0.3	11:38	0.7	5:49	8:14	
2	Fri	5:19	3.0	5:52	3.4	11:41	0.4			5:50	8:13	
3	Sat	6:14	2.9	6:44	3.5	12:44	0.8	12:33	0.4	5:51	8:12	
4	Sun	7:13	2.9	7:42	3.6	2:02	0.7	1:44	0.5	5:52	8:10	
5	Mon	8:19	2.8	8:49	3.7	3:13	0.6	2:59	0.4	5:53	8:09	
6	Tue	9:35	2.9	10:03	3.8	4:16	0.4	4:08	0.3	5:54	8:08	
7	Wed	10:47	3.1	11:09	4.0	5:13	0.2	5:10	0.1	5:55	8:07	
8	Thu	11:47	3.4			6:08	-0.1	6:09	0.0	5:56	8:06	
9	Fri	12:06	4.1	12:41	3.6	7:00	-0.3	7:06	-0.2	5:57	8:04	
10	Sat	12:58	4.2	1:33	3.8	7:51	-0.4	8:00	-0.2	5:58	8:03	
11	Sun	1:48	4.2	2:24	3.9	8:39	-0.5	8:52	-0.2	5:59	8:02	
12	Mon	2:38	4.0	3:16	3.9	9:25	-0.5	9:42	-0.1	6:00	8:00	
13	Tue	3:30	3.8	4:08	3.8	10:09	-0.3	10:30	0.1	6:01	7:59	
14	Wed	4:23	3.6	5:00	3.7	10:53	-0.1	11:21	0.3	6:02	7:58	
15	Thu	5:16	3.3	5:51	3.6	11:38	0.2			6:03	7:56	
16	Fri	6:09	3.1	6:41	3.5	12:17	0.6	12:29	0.5	6:04	7:55	
17	Sat	7:01	2.9	7:30	3.4	1:18	0.7	1:25	0.7	6:05	7:53	
18	Sun	7:54	2.7	8:22	3.3	2:21	0.8	2:24	0.9	6:06	7:52	
19	Mon	8:51	2.6	9:19	3.2	3:21	0.8	3:21	0.9	6:07	7:50	
20	Tue	9:53	2.7	10:17	3.3	4:14	0.8	4:14	0.9	6:09	7:49	
21	Wed	10:50	2.8	11:08	3.4	5:01	0.6	5:02	0.8	6:10	7:47	
22	Thu	11:38	2.9	11:51	3.5	5:45	0.5	5:48	0.7	6:11	7:46	
23	Fri			12:19	3.1	6:27	0.4	6:33	0.6	6:12	7:44	
24	Sat	12:30	3.6	12:56	3.2	7:07	0.3	7:16	0.5	6:13	7:43	
25	Sun	1:05	3.6	1:30	3.3	7:46	0.2	7:58	0.4	6:14	7:41	
26	Mon	1:38	3.6	2:02	3.4	8:22	0.1	8:38	0.4	6:15	7:39	
27	Tue	2:10	3.5	2:32	3.5	8:56	0.1	9:16	0.4	6:16	7:38	
28	Wed	2:43	3.4	3:04	3.5	9:28	0.1	9:54	0.4	6:17	7:36	
29	Thu	3:20	3.3	3:42	3.6	10:00	0.2	10:35	0.5	6:18	7:35	
30	Fri	4:05	3.2	4:28	3.6	10:34	0.3	11:23	0.6	6:19	7:33	
31	Sat	5:00	3.1	5:24	3.6	11:15	0.4			6:20	7:31	