

Poughkeepsie, NY - Mar 1992

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	10:43	3.0	11:07	2.8	4:41	0.3	5:12	0.1	6:29	5:46	
2	Mon	11:23	3.1	11:45	2.9	5:25	0.1	5:52	-0.1	6:28	5:47	
3	Tue			12:00	3.2	6:08	0.0	6:31	-0.2	6:26	5:48	
4	Wed	12:20	3.0	12:34	3.2	6:49	-0.1	7:07	-0.2	6:24	5:49	
5	Thu	12:51	3.1	1:06	3.1	7:28	-0.1	7:41	-0.2	6:23	5:51	
6	Fri	1:19	3.2	1:38	3.0	8:04	-0.1	8:13	-0.2	6:21	5:52	
7	Sat	1:46	3.2	2:10	2.9	8:40	-0.1	8:43	-0.1	6:19	5:53	
8	Sun	2:16	3.2	2:47	2.8	9:15	0.0	9:13	0.0	6:18	5:54	
9	Mon	2:54	3.2	3:32	2.7	9:54	0.1	9:48	0.1	6:16	5:55	
10	Tue	3:42	3.2	4:28	2.6	10:44	0.2	10:33	0.2	6:14	5:56	
11	Wed	4:40	3.2	5:29	2.6	11:56	0.3	11:40	0.3	6:13	5:58	
12	Thu	5:44	3.1	6:35	2.6			1:15	0.3	6:11	5:59	
13	Fri	6:53	3.1	7:47	2.7	1:11	0.3	2:23	0.2	6:09	6:00	
14	Sat	8:10	3.2	9:00	2.9	2:28	0.2	3:23	0.0	6:08	6:01	
15	Sun	9:24	3.3	10:03	3.2	3:33	-0.1	4:17	-0.3	6:06	6:02	
16	Mon	10:25	3.5	10:57	3.5	4:31	-0.3	5:08	-0.5	6:04	6:03	
17	Tue	11:17	3.6	11:46	3.8	5:26	-0.5	5:58	-0.7	6:03	6:04	
18	Wed			12:06	3.7	6:20	-0.7	6:46	-0.7	6:01	6:05	
19	Thu	12:33	3.9	12:53	3.6	7:10	-0.7	7:32	-0.7	5:59	6:07	
20	Fri	1:19	3.9	1:42	3.5	7:59	-0.7	8:16	-0.6	5:58	6:08	
21	Sat	2:06	3.8	2:31	3.3	8:45	-0.5	8:59	-0.3	5:56	6:09	
22	Sun	2:54	3.6	3:24	3.1	9:31	-0.3	9:41	0.0	5:54	6:10	
23	Mon	3:45	3.4	4:18	2.8	10:19	0.0	10:27	0.3	5:52	6:11	
24	Tue	4:37	3.2	5:12	2.7	11:13	0.2	11:20	0.5	5:51	6:12	
25	Wed	5:30	3.0	6:06	2.5			12:14	0.4	5:49	6:13	
26	Thu	6:23	2.8	7:00	2.5	12:25	0.7	1:17	0.5	5:47	6:14	
27	Fri	7:19	2.7	7:58	2.5	1:31	0.8	2:15	0.5	5:46	6:15	
28	Sat	8:19	2.7	8:57	2.6	2:31	0.7	3:06	0.5	5:44	6:16	
29	Sun	9:18	2.8	9:50	2.8	3:24	0.6	3:52	0.4	5:42	6:18	
30	Mon	10:08	2.9	10:34	3.0	4:12	0.4	4:33	0.2	5:40	6:19	
31	Tue	10:51	3.0	11:11	3.1	4:56	0.3	5:13	0.1	5:39	6:20	