

Poughkeepsie, NY - Jan 1993

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	6:16	2.7	6:27	2.4			1:01	0.7	7:22	4:36	
2	Sat	6:58	2.7	7:19	2.3	1:00	0.4	2:04	0.6	7:22	4:36	
3	Sun	7:47	2.8	8:20	2.3	1:57	0.4	3:00	0.5	7:22	4:37	
4	Mon	8:44	2.9	9:23	2.4	2:51	0.3	3:52	0.3	7:22	4:38	
5	Tue	9:40	3.1	10:17	2.6	3:42	0.1	4:42	0.0	7:22	4:39	
6	Wed	10:30	3.4	11:05	2.8	4:32	0.0	5:31	-0.2	7:22	4:40	
7	Thu	11:16	3.6	11:51	3.0	5:23	-0.2	6:19	-0.4	7:22	4:41	
8	Fri			12:01	3.7	6:15	-0.4	7:06	-0.6	7:22	4:42	
9	Sat	12:37	3.1	12:48	3.8	7:06	-0.5	7:53	-0.7	7:22	4:43	
10	Sun	1:26	3.2	1:38	3.8	7:56	-0.6	8:38	-0.8	7:22	4:44	
11	Mon	2:19	3.3	2:31	3.6	8:46	-0.6	9:23	-0.8	7:21	4:45	
12	Tue	3:14	3.3	3:27	3.4	9:37	-0.5	10:11	-0.6	7:21	4:46	
13	Wed	4:12	3.3	4:26	3.2	10:33	-0.3	11:04	-0.5	7:21	4:48	
14	Thu	5:09	3.3	5:24	3.0	11:37	-0.1			7:20	4:49	
15	Fri	6:05	3.3	6:22	2.8	12:04	-0.3	12:46	0.0	7:20	4:50	
16	Sat	7:02	3.2	7:24	2.6	1:07	-0.1	1:53	0.1	7:19	4:51	
17	Sun	8:03	3.2	8:30	2.6	2:09	-0.1	2:55	0.0	7:19	4:52	
18	Mon	9:06	3.2	9:36	2.6	3:07	0.0	3:52	-0.1	7:18	4:53	
19	Tue	10:04	3.2	10:32	2.7	4:01	-0.1	4:44	-0.2	7:18	4:55	
20	Wed	10:54	3.3	11:20	2.8	4:52	-0.1	5:33	-0.2	7:17	4:56	
21	Thu	11:38	3.3			5:40	-0.1	6:18	-0.3	7:16	4:57	
22	Fri	12:04	2.8	12:19	3.4	6:25	-0.1	7:01	-0.4	7:16	4:58	
23	Sat	12:45	2.9	12:59	3.3	7:09	-0.1	7:40	-0.4	7:15	4:59	
24	Sun	1:25	2.9	1:37	3.2	7:49	-0.1	8:16	-0.3	7:14	5:01	
25	Mon	2:04	2.9	2:16	3.1	8:27	-0.1	8:50	-0.3	7:13	5:02	
26	Tue	2:43	2.8	2:54	2.9	9:03	0.1	9:21	-0.1	7:13	5:03	
27	Wed	3:22	2.8	3:32	2.7	9:38	0.2	9:51	0.0	7:12	5:04	
28	Thu	3:59	2.7	4:11	2.6	10:13	0.3	10:19	0.1	7:11	5:06	
29	Fri	4:35	2.7	4:52	2.5	10:56	0.5	10:53	0.3	7:10	5:07	
30	Sat	5:12	2.7	5:36	2.3	11:59	0.6	11:42	0.4	7:09	5:08	
31	Sun	5:54	2.7	6:27	2.3			1:15	0.6	7:08	5:10	