

Poughkeepsie, NY - Jul 1993

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	11:16	3.1	11:41	3.9	5:34	0.0	5:40	0.1	5:25	8:34	
2	Fri			12:10	3.2	6:27	-0.1	6:32	0.1	5:25	8:34	
3	Sat	12:30	3.9	1:00	3.2	7:17	-0.1	7:23	0.1	5:26	8:33	
4	Sun	1:16	3.9	1:48	3.2	8:05	-0.2	8:11	0.2	5:26	8:33	
5	Mon	2:01	3.8	2:36	3.2	8:50	-0.2	8:57	0.3	5:27	8:33	
6	Tue	2:46	3.7	3:23	3.2	9:31	-0.1	9:40	0.4	5:27	8:33	
7	Wed	3:31	3.5	4:11	3.1	10:10	0.0	10:21	0.5	5:28	8:32	
8	Thu	4:17	3.4	4:58	3.1	10:48	0.2	11:04	0.7	5:29	8:32	
9	Fri	5:04	3.2	5:44	3.1	11:25	0.3	11:51	0.8	5:29	8:31	
10	Sat	5:49	3.0	6:26	3.1			12:05	0.5	5:30	8:31	
11	Sun	6:33	2.9	7:06	3.1	12:46	0.9	12:48	0.6	5:31	8:31	
12	Mon	7:17	2.7	7:47	3.1	1:47	1.0	1:38	0.7	5:32	8:30	
13	Tue	8:05	2.6	8:31	3.1	2:47	0.9	2:32	0.7	5:32	8:30	
14	Wed	9:01	2.6	9:23	3.2	3:43	0.8	3:26	0.7	5:33	8:29	
15	Thu	10:03	2.6	10:18	3.4	4:34	0.7	4:18	0.6	5:34	8:28	
16	Fri	10:59	2.8	11:08	3.6	5:23	0.5	5:09	0.5	5:35	8:28	
17	Sat	11:48	2.9	11:54	3.8	6:11	0.3	5:59	0.3	5:36	8:27	
18	Sun			12:33	3.1	6:58	0.1	6:50	0.2	5:37	8:26	
19	Mon	12:38	3.9	1:17	3.3	7:45	-0.1	7:41	0.0	5:37	8:26	
20	Tue	1:22	4.0	2:04	3.4	8:30	-0.3	8:32	-0.1	5:38	8:25	
21	Wed	2:09	4.0	2:53	3.6	9:15	-0.4	9:22	-0.1	5:39	8:24	
22	Thu	2:59	3.9	3:47	3.7	9:58	-0.4	10:12	-0.1	5:40	8:23	
23	Fri	3:54	3.8	4:43	3.7	10:43	-0.3	11:05	0.1	5:41	8:22	
24	Sat	4:52	3.6	5:40	3.8	11:32	-0.2			5:42	8:21	
25	Sun	5:52	3.4	6:35	3.8	12:05	0.2	12:28	0.0	5:43	8:21	
26	Mon	6:50	3.2	7:31	3.7	1:12	0.3	1:30	0.1	5:44	8:20	
27	Tue	7:49	3.1	8:28	3.7	2:20	0.4	2:33	0.2	5:45	8:19	
28	Wed	8:53	3.0	9:30	3.7	3:24	0.4	3:34	0.3	5:46	8:18	
29	Thu	10:00	3.0	10:32	3.7	4:23	0.3	4:31	0.3	5:47	8:17	
30	Fri	11:03	3.0	11:26	3.7	5:17	0.2	5:24	0.3	5:48	8:16	
31	Sat	11:56	3.1			6:08	0.1	6:15	0.3	5:49	8:14	