

Poughkeepsie, NY - Mar 1995

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	12:09	3.4	12:29	3.6	6:41	-0.5	7:06	-0.6	6:30	5:45	
2	Thu	12:53	3.4	1:13	3.5	7:27	-0.5	7:48	-0.6	6:29	5:46	
3	Fri	1:36	3.4	1:57	3.4	8:11	-0.4	8:27	-0.5	6:27	5:47	
4	Sat	2:18	3.3	2:41	3.2	8:52	-0.3	9:04	-0.3	6:25	5:49	
5	Sun	3:01	3.2	3:27	3.0	9:33	-0.1	9:40	0.0	6:24	5:50	
6	Mon	3:45	3.1	4:15	2.8	10:15	0.1	10:16	0.2	6:22	5:51	
7	Tue	4:29	2.9	5:03	2.6	11:03	0.4	10:56	0.4	6:21	5:52	
8	Wed	5:15	2.8	5:52	2.5			12:00	0.5	6:19	5:53	
9	Thu	6:01	2.7	6:43	2.4			1:04	0.6	6:17	5:54	
10	Fri	6:52	2.6	7:39	2.4	12:58	0.7	2:05	0.6	6:16	5:56	
11	Sat	7:51	2.6	8:40	2.4	2:03	0.6	2:59	0.5	6:14	5:57	
12	Sun	8:54	2.7	9:37	2.6	3:01	0.5	3:48	0.3	6:12	5:58	
13	Mon	9:50	2.9	10:24	2.8	3:52	0.3	4:33	0.1	6:11	5:59	
14	Tue	10:35	3.1	11:04	3.1	4:40	0.1	5:16	-0.1	6:09	6:00	
15	Wed	11:15	3.3	11:42	3.3	5:27	-0.1	5:59	-0.2	6:07	6:01	
16	Thu	11:54	3.4			6:14	-0.3	6:41	-0.4	6:06	6:02	
17	Fri	12:19	3.5	12:33	3.5	7:00	-0.5	7:22	-0.5	6:04	6:03	
18	Sat	12:58	3.6	1:15	3.4	7:45	-0.6	8:04	-0.5	6:02	6:05	
19	Sun	1:40	3.7	2:02	3.4	8:31	-0.6	8:45	-0.5	6:00	6:06	
20	Mon	2:28	3.7	2:55	3.2	9:18	-0.5	9:29	-0.3	5:59	6:07	
21	Tue	3:23	3.6	3:54	3.1	10:09	-0.3	10:20	-0.2	5:57	6:08	
22	Wed	4:23	3.5	4:57	3.0	11:09	-0.1	11:23	0.0	5:55	6:09	
23	Thu	5:25	3.4	6:00	2.9			12:18	0.0	5:54	6:10	
24	Fri	6:28	3.3	7:05	2.9	12:36	0.2	1:26	0.1	5:52	6:11	
25	Sat	7:34	3.2	8:13	2.9	1:48	0.2	2:30	0.0	5:50	6:12	
26	Sun	8:42	3.2	9:19	3.1	2:53	0.1	3:27	-0.1	5:49	6:13	
27	Mon	9:44	3.3	10:15	3.3	3:51	0.0	4:19	-0.2	5:47	6:15	
28	Tue	10:38	3.4	11:04	3.4	4:44	-0.1	5:08	-0.3	5:45	6:16	
29	Wed	11:24	3.4	11:47	3.5	5:34	-0.2	5:53	-0.3	5:43	6:17	
30	Thu			12:08	3.4	6:21	-0.3	6:37	-0.3	5:42	6:18	
31	Fri	12:27	3.6	12:49	3.4	7:06	-0.3	7:18	-0.3	5:40	6:19	