

Poughkeepsie, NY - Jan 1996

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	9:24	3.1	9:47	2.7	3:20	0.0	4:06	0.1	7:22	4:35	
2	Tue	10:13	3.2	10:37	2.7	4:07	0.0	4:53	0.0	7:22	4:36	
3	Wed	10:57	3.2	11:21	2.8	4:51	0.0	5:38	-0.1	7:22	4:37	
4	Thu	11:36	3.3			5:35	0.0	6:21	-0.2	7:22	4:38	
5	Fri	12:02	2.8	12:14	3.3	6:17	0.0	7:02	-0.2	7:22	4:39	
6	Sat	12:43	2.8	12:49	3.3	6:58	0.0	7:41	-0.2	7:22	4:40	
7	Sun	1:22	2.8	1:23	3.2	7:37	0.0	8:18	-0.2	7:22	4:40	
8	Mon	2:01	2.8	1:54	3.1	8:14	0.0	8:53	-0.2	7:22	4:41	
9	Tue	2:40	2.7	2:24	3.0	8:48	0.1	9:25	-0.1	7:22	4:43	
10	Wed	3:18	2.7	2:58	2.9	9:22	0.2	9:57	0.0	7:22	4:44	
11	Thu	3:57	2.7	3:39	2.8	9:58	0.3	10:30	0.1	7:21	4:45	
12	Fri	4:37	2.7	4:28	2.7	10:44	0.4	11:13	0.1	7:21	4:46	
13	Sat	5:22	2.8	5:22	2.7	11:51	0.4			7:21	4:47	
14	Sun	6:12	2.9	6:21	2.6	12:14	0.2	1:11	0.4	7:20	4:48	
15	Mon	7:09	3.0	7:27	2.6	1:25	0.1	2:22	0.2	7:20	4:49	
16	Tue	8:16	3.2	8:43	2.7	2:31	0.0	3:24	0.0	7:20	4:50	
17	Wed	9:24	3.4	9:53	2.9	3:32	-0.2	4:21	-0.3	7:19	4:51	
18	Thu	10:24	3.7	10:53	3.1	4:29	-0.4	5:16	-0.6	7:19	4:53	
19	Fri	11:19	3.9	11:47	3.3	5:25	-0.6	6:09	-0.8	7:18	4:54	
20	Sat			12:11	4.0	6:21	-0.7	7:01	-0.9	7:17	4:55	
21	Sun	12:40	3.4	1:02	4.0	7:15	-0.8	7:51	-1.0	7:17	4:56	
22	Mon	1:33	3.4	1:55	3.9	8:06	-0.8	8:38	-1.0	7:16	4:57	
23	Tue	2:28	3.4	2:49	3.7	8:56	-0.7	9:25	-0.8	7:15	4:59	
24	Wed	3:23	3.3	3:44	3.4	9:47	-0.5	10:13	-0.6	7:15	5:00	
25	Thu	4:19	3.2	4:39	3.2	10:41	-0.2	11:04	-0.4	7:14	5:01	
26	Fri	5:12	3.1	5:32	2.9	11:41	0.0			7:13	5:02	
27	Sat	6:04	3.0	6:25	2.7	12:00	-0.1	12:45	0.2	7:12	5:04	
28	Sun	6:55	2.9	7:19	2.5	12:58	0.1	1:47	0.3	7:11	5:05	
29	Mon	7:50	2.8	8:18	2.4	1:55	0.2	2:46	0.3	7:11	5:06	
30	Tue	8:49	2.8	9:18	2.4	2:48	0.2	3:38	0.2	7:10	5:07	
31	Wed	9:44	2.9	10:11	2.5	3:38	0.2	4:26	0.1	7:09	5:09	