

Poughkeepsie, NY - Jul 1996

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	12:53	4.3	1:26	3.5	7:54	-0.5	8:01	-0.3	5:25	8:34	
2	Tue	1:45	4.3	2:22	3.6	8:45	-0.6	8:55	-0.3	5:25	8:33	
3	Wed	2:40	4.2	3:20	3.6	9:34	-0.6	9:48	-0.2	5:26	8:33	
4	Thu	3:38	4.1	4:20	3.6	10:24	-0.6	10:42	-0.1	5:26	8:33	
5	Fri	4:38	3.9	5:20	3.6	11:14	-0.4	11:40	0.1	5:27	8:33	
6	Sat	5:36	3.7	6:17	3.6			12:09	-0.2	5:28	8:32	
7	Sun	6:33	3.5	7:11	3.6	12:43	0.3	1:06	-0.1	5:28	8:32	
8	Mon	7:27	3.3	8:04	3.5	1:48	0.4	2:04	0.1	5:29	8:32	
9	Tue	8:23	3.1	8:58	3.5	2:51	0.4	3:01	0.2	5:30	8:31	
10	Wed	9:22	3.0	9:55	3.5	3:50	0.4	3:53	0.3	5:30	8:31	
11	Thu	10:21	2.9	10:48	3.5	4:43	0.3	4:43	0.3	5:31	8:30	
12	Fri	11:15	3.0	11:35	3.6	5:32	0.3	5:30	0.4	5:32	8:30	
13	Sat			12:03	3.0	6:19	0.2	6:15	0.4	5:33	8:29	
14	Sun	12:18	3.6	12:47	3.1	7:04	0.2	7:00	0.4	5:33	8:29	
15	Mon	12:57	3.6	1:29	3.1	7:47	0.1	7:43	0.4	5:34	8:28	
16	Tue	1:35	3.6	2:10	3.1	8:28	0.1	8:25	0.4	5:35	8:28	
17	Wed	2:11	3.5	2:52	3.1	9:06	0.1	9:04	0.4	5:36	8:27	
18	Thu	2:46	3.4	3:34	3.1	9:41	0.1	9:41	0.5	5:37	8:26	
19	Fri	3:20	3.3	4:15	3.1	10:15	0.2	10:16	0.6	5:38	8:25	
20	Sat	3:53	3.2	4:55	3.1	10:47	0.3	10:52	0.7	5:39	8:25	
21	Sun	4:30	3.1	5:33	3.1	11:18	0.4	11:34	0.8	5:39	8:24	
22	Mon	5:13	3.0	6:12	3.2	11:53	0.5			5:40	8:23	
23	Tue	6:02	3.0	6:54	3.3	12:30	0.8	12:40	0.5	5:41	8:22	
24	Wed	6:55	2.9	7:42	3.4	1:43	0.8	1:44	0.5	5:42	8:21	
25	Thu	7:54	2.9	8:39	3.5	2:52	0.7	2:53	0.5	5:43	8:20	
26	Fri	9:02	2.9	9:45	3.7	3:55	0.5	3:56	0.3	5:44	8:19	
27	Sat	10:16	3.1	10:49	3.9	4:52	0.2	4:55	0.2	5:45	8:18	
28	Sun	11:20	3.3	11:46	4.1	5:47	0.0	5:53	0.0	5:46	8:17	
29	Mon			12:17	3.5	6:41	-0.3	6:50	-0.2	5:47	8:16	
30	Tue	12:39	4.3	1:10	3.7	7:33	-0.5	7:46	-0.3	5:48	8:15	
31	Wed	1:31	4.3	2:04	3.8	8:24	-0.6	8:40	-0.3	5:49	8:14	