

Poughkeepsie, NY - Aug 1996

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	2:25	4.3	3:00	3.9	9:13	-0.6	9:32	-0.3	5:50	8:13	
2	Fri	3:20	4.1	3:57	3.8	10:01	-0.6	10:24	-0.1	5:51	8:12	
3	Sat	4:16	3.9	4:54	3.8	10:49	-0.4	11:18	0.1	5:52	8:11	
4	Sun	5:14	3.7	5:50	3.7	11:39	-0.2			5:53	8:10	
5	Mon	6:10	3.5	6:43	3.6	12:17	0.3	12:34	0.1	5:54	8:08	
6	Tue	7:04	3.2	7:35	3.5	1:21	0.5	1:32	0.3	5:55	8:07	
7	Wed	7:58	3.1	8:28	3.4	2:24	0.6	2:30	0.5	5:56	8:06	
8	Thu	8:54	2.9	9:24	3.4	3:24	0.6	3:25	0.6	5:57	8:05	
9	Fri	9:54	2.9	10:20	3.4	4:18	0.5	4:16	0.6	5:58	8:03	
10	Sat	10:50	2.9	11:10	3.5	5:07	0.5	5:04	0.6	5:59	8:02	
11	Sun	11:39	3.0	11:54	3.5	5:52	0.4	5:50	0.5	6:00	8:01	
12	Mon			12:22	3.2	6:36	0.3	6:34	0.4	6:01	7:59	
13	Tue	12:34	3.6	1:03	3.3	7:17	0.2	7:18	0.4	6:02	7:58	
14	Wed	1:11	3.6	1:42	3.3	7:57	0.2	8:00	0.4	6:03	7:56	
15	Thu	1:45	3.6	2:19	3.3	8:35	0.1	8:40	0.4	6:04	7:55	
16	Fri	2:17	3.5	2:55	3.3	9:10	0.1	9:17	0.4	6:05	7:54	
17	Sat	2:48	3.4	3:30	3.3	9:43	0.2	9:53	0.5	6:06	7:52	
18	Sun	3:19	3.3	4:04	3.3	10:13	0.3	10:29	0.5	6:07	7:51	
19	Mon	3:55	3.2	4:42	3.3	10:42	0.4	11:09	0.6	6:08	7:49	
20	Tue	4:40	3.1	5:27	3.4	11:15	0.5			6:09	7:48	
21	Wed	5:34	3.0	6:17	3.4	12:01	0.7	12:01	0.5	6:10	7:46	
22	Thu	6:33	3.0	7:13	3.5	1:12	0.7	1:09	0.6	6:11	7:45	
23	Fri	7:35	3.0	8:15	3.6	2:27	0.7	2:29	0.6	6:12	7:43	
24	Sat	8:45	3.0	9:24	3.7	3:32	0.5	3:39	0.4	6:13	7:41	
25	Sun	10:00	3.2	10:32	3.9	4:31	0.2	4:41	0.2	6:14	7:40	
26	Mon	11:05	3.4	11:31	4.1	5:26	0.0	5:39	0.0	6:16	7:38	
27	Tue			12:02	3.7	6:19	-0.3	6:35	-0.2	6:17	7:37	
28	Wed	12:24	4.2	12:54	3.9	7:11	-0.4	7:30	-0.3	6:18	7:35	
29	Thu	1:15	4.3	1:45	4.0	8:01	-0.5	8:23	-0.3	6:19	7:33	
30	Fri	2:06	4.2	2:36	4.1	8:49	-0.5	9:14	-0.3	6:20	7:32	
31	Sat	2:58	4.1	3:29	4.0	9:35	-0.4	10:04	-0.1	6:21	7:30	