

Poughkeepsie, NY - Sep 1996

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	3:52	3.8	4:23	3.9	10:21	-0.2	10:54	0.1	6:22	7:28	
2	Mon	4:48	3.6	5:18	3.7	11:08	0.0	11:49	0.3	6:23	7:27	
3	Tue	5:44	3.4	6:11	3.6	11:59	0.3			6:24	7:25	
4	Wed	6:38	3.2	7:03	3.4	12:49	0.6	12:55	0.6	6:25	7:23	
5	Thu	7:32	3.0	7:55	3.3	1:52	0.7	1:55	0.8	6:26	7:22	
6	Fri	8:27	2.9	8:50	3.3	2:53	0.7	2:54	0.8	6:27	7:20	
7	Sat	9:24	2.9	9:47	3.3	3:48	0.7	3:49	0.8	6:28	7:18	
8	Sun	10:21	3.0	10:41	3.3	4:37	0.6	4:38	0.7	6:29	7:17	
9	Mon	11:11	3.1	11:27	3.4	5:21	0.5	5:24	0.6	6:30	7:15	
10	Tue	11:55	3.3			6:03	0.4	6:08	0.5	6:31	7:13	
11	Wed	12:07	3.5	12:34	3.4	6:43	0.3	6:52	0.4	6:32	7:11	
12	Thu	12:44	3.6	1:10	3.5	7:23	0.2	7:34	0.3	6:33	7:10	
13	Fri	1:17	3.6	1:44	3.6	8:00	0.2	8:15	0.3	6:34	7:08	
14	Sat	1:48	3.5	2:16	3.6	8:36	0.2	8:54	0.3	6:35	7:06	
15	Sun	2:18	3.5	2:47	3.6	9:10	0.2	9:32	0.3	6:36	7:05	
16	Mon	2:51	3.4	3:21	3.6	9:42	0.3	10:10	0.4	6:37	7:03	
17	Tue	3:30	3.2	4:02	3.6	10:14	0.4	10:52	0.5	6:38	7:01	
18	Wed	4:19	3.1	4:54	3.6	10:51	0.5	11:44	0.6	6:39	6:59	
19	Thu	5:19	3.1	5:53	3.6	11:40	0.6			6:40	6:58	
20	Fri	6:23	3.0	6:55	3.6	12:53	0.6	12:54	0.6	6:41	6:56	
21	Sat	7:29	3.1	8:00	3.6	2:07	0.6	2:17	0.6	6:42	6:54	
22	Sun	8:37	3.2	9:09	3.7	3:12	0.4	3:27	0.5	6:43	6:52	
23	Mon	9:48	3.4	10:17	3.8	4:11	0.2	4:29	0.2	6:44	6:51	
24	Tue	10:52	3.6	11:16	4.0	5:05	0.0	5:26	0.0	6:45	6:49	
25	Wed	11:46	3.9			5:57	-0.2	6:21	-0.2	6:46	6:47	
26	Thu	12:09	4.1	12:36	4.1	6:47	-0.4	7:14	-0.3	6:47	6:45	
27	Fri	12:58	4.1	1:23	4.2	7:36	-0.4	8:05	-0.3	6:48	6:44	
28	Sat	1:46	4.0	2:11	4.2	8:23	-0.4	8:55	-0.3	6:49	6:42	
29	Sun	2:35	3.9	2:59	4.0	9:08	-0.3	9:42	-0.1	6:50	6:40	
30	Mon	3:26	3.7	3:49	3.9	9:52	-0.1	10:29	0.1	6:52	6:39	