

Poughkeepsie, NY - Oct 1996

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	4:20	3.4	4:41	3.7	10:36	0.2	11:19	0.3	6:53	6:37	
2	Wed	5:16	3.2	5:35	3.5	11:22	0.5			6:54	6:35	
3	Thu	6:11	3.1	6:27	3.3	12:14	0.6	12:14	0.8	6:55	6:33	
4	Fri	7:04	3.0	7:19	3.2	1:15	0.7	1:16	0.9	6:56	6:32	
5	Sat	7:57	2.9	8:12	3.1	2:16	0.8	2:18	1.0	6:57	6:30	
6	Sun	8:51	2.9	9:07	3.1	3:11	0.8	3:16	0.9	6:58	6:28	
7	Mon	9:47	3.0	10:03	3.1	4:01	0.7	4:08	0.8	6:59	6:27	
8	Tue	10:38	3.1	10:53	3.2	4:45	0.5	4:56	0.7	7:00	6:25	
9	Wed	11:23	3.3	11:35	3.3	5:27	0.4	5:40	0.5	7:01	6:23	
10	Thu			12:02	3.5	6:06	0.3	6:24	0.4	7:02	6:22	
11	Fri	12:13	3.4	12:37	3.6	6:46	0.2	7:07	0.2	7:03	6:20	
12	Sat	12:47	3.5	1:09	3.7	7:24	0.2	7:49	0.2	7:05	6:19	
13	Sun	1:20	3.5	1:41	3.8	8:02	0.1	8:31	0.1	7:06	6:17	
14	Mon	1:53	3.4	2:14	3.8	8:40	0.1	9:13	0.1	7:07	6:15	
15	Tue	2:31	3.3	2:52	3.8	9:17	0.2	9:55	0.1	7:08	6:14	
16	Wed	3:15	3.2	3:38	3.8	9:55	0.2	10:40	0.2	7:09	6:12	
17	Thu	4:09	3.1	4:35	3.7	10:38	0.3	11:33	0.3	7:10	6:11	
18	Fri	5:14	3.1	5:39	3.6	11:33	0.5			7:11	6:09	
19	Sat	6:21	3.1	6:44	3.6	12:38	0.4	12:48	0.6	7:13	6:08	
20	Sun	7:25	3.1	7:48	3.5	1:47	0.4	2:07	0.5	7:14	6:06	
21	Mon	8:29	3.3	8:54	3.5	2:52	0.2	3:16	0.4	7:15	6:05	
22	Tue	9:35	3.4	10:00	3.6	3:50	0.1	4:17	0.2	7:16	6:03	
23	Wed	10:36	3.7	10:59	3.7	4:44	-0.1	5:13	0.0	7:17	6:02	
24	Thu	11:30	3.9	11:52	3.8	5:34	-0.3	6:06	-0.1	7:18	6:00	
25	Fri			12:18	4.1	6:23	-0.3	6:57	-0.2	7:20	5:59	
26	Sat	12:40	3.8	1:03	4.1	7:10	-0.3	7:47	-0.3	7:21	5:58	
27	Sun	1:26	3.7	12:46	4.1	6:57	-0.3	7:35	-0.3	6:22	4:56	
28	Mon	1:13	3.6	1:30	3.9	7:41	-0.1	8:21	-0.1	6:23	4:55	
29	Tue	2:02	3.4	2:16	3.8	8:24	0.0	9:05	0.0	6:24	4:54	
30	Wed	2:53	3.2	3:04	3.5	9:05	0.3	9:50	0.2	6:26	4:52	
31	Thu	3:47	3.1	3:56	3.3	9:47	0.5	10:39	0.4	6:27	4:51	