

Poughkeepsie, NY - Nov 1996

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	4:41	2.9	4:48	3.2	10:33	0.7	11:33	0.6	6:28	4:50	
2	Sat	5:33	2.8	5:39	3.0	11:29	0.9			6:29	4:48	
3	Sun	6:24	2.8	6:29	2.9	12:31	0.7	12:35	1.0	6:30	4:47	
4	Mon	7:14	2.8	7:20	2.9	1:27	0.7	1:37	1.0	6:32	4:46	
5	Tue	8:06	2.9	8:14	2.9	2:18	0.6	2:33	0.8	6:33	4:45	
6	Wed	8:58	3.0	9:08	2.9	3:04	0.5	3:23	0.7	6:34	4:44	
7	Thu	9:45	3.2	9:56	3.0	3:47	0.4	4:10	0.5	6:35	4:43	
8	Fri	10:26	3.4	10:38	3.1	4:27	0.3	4:55	0.3	6:36	4:42	
9	Sat	11:02	3.6	11:17	3.2	5:08	0.1	5:40	0.1	6:38	4:41	
10	Sun	11:37	3.8	11:54	3.3	5:49	0.1	6:25	-0.1	6:39	4:40	
11	Mon			12:12	3.9	6:31	0.0	7:10	-0.2	6:40	4:39	
12	Tue	12:33	3.3	12:51	3.9	7:14	-0.1	7:55	-0.2	6:41	4:38	
13	Wed	1:16	3.3	1:34	3.9	7:57	-0.1	8:41	-0.2	6:43	4:37	
14	Thu	2:06	3.2	2:26	3.8	8:42	0.0	9:28	-0.2	6:44	4:36	
15	Fri	3:04	3.1	3:25	3.7	9:31	0.1	10:20	-0.1	6:45	4:35	
16	Sat	4:10	3.1	4:30	3.6	10:29	0.2	11:20	0.0	6:46	4:34	
17	Sun	5:14	3.1	5:34	3.5	11:39	0.3			6:47	4:33	
18	Mon	6:15	3.2	6:35	3.4	12:25	0.0	12:53	0.4	6:49	4:32	
19	Tue	7:16	3.3	7:37	3.3	1:28	0.0	2:01	0.3	6:50	4:32	
20	Wed	8:18	3.4	8:40	3.3	2:27	-0.1	3:02	0.1	6:51	4:31	
21	Thu	9:18	3.6	9:40	3.3	3:21	-0.2	3:58	0.0	6:52	4:30	
22	Fri	10:12	3.7	10:34	3.4	4:11	-0.3	4:50	-0.2	6:53	4:30	
23	Sat	10:59	3.8	11:22	3.4	4:59	-0.3	5:40	-0.3	6:54	4:29	
24	Sun	11:43	3.9			5:46	-0.3	6:29	-0.3	6:56	4:29	
25	Mon	12:08	3.3	12:25	3.8	6:32	-0.2	7:15	-0.3	6:57	4:28	
26	Tue	12:53	3.3	1:06	3.7	7:16	-0.1	7:59	-0.2	6:58	4:28	
27	Wed	1:39	3.1	1:48	3.6	7:58	0.0	8:41	-0.1	6:59	4:27	
28	Thu	2:26	3.0	2:32	3.4	8:38	0.2	9:22	0.0	7:00	4:27	
29	Fri	3:16	2.9	3:18	3.2	9:17	0.4	10:04	0.2	7:01	4:26	
30	Sat	4:07	2.8	4:06	3.0	9:57	0.5	10:48	0.4	7:02	4:26	