

Poughkeepsie, NY - Jan 1997

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	5:45	2.6	5:32	2.6	11:50	0.6			7:22	4:36	
2	Thu	6:27	2.7	6:18	2.5	12:25	0.4	1:01	0.6	7:22	4:37	
3	Fri	7:11	2.7	7:12	2.5	1:22	0.3	2:06	0.5	7:22	4:37	
4	Sat	8:04	2.9	8:18	2.5	2:18	0.3	3:04	0.3	7:22	4:38	
5	Sun	9:02	3.1	9:25	2.6	3:11	0.1	3:57	0.1	7:22	4:39	
6	Mon	9:57	3.3	10:22	2.8	4:02	-0.1	4:49	-0.2	7:22	4:40	
7	Tue	10:47	3.6	11:12	3.0	4:53	-0.3	5:40	-0.4	7:22	4:41	
8	Wed	11:34	3.8			5:45	-0.4	6:31	-0.7	7:22	4:42	
9	Thu	12:01	3.1	12:23	3.9	6:37	-0.6	7:21	-0.8	7:22	4:43	
10	Fri	12:52	3.3	1:13	3.9	7:29	-0.7	8:09	-0.9	7:22	4:44	
11	Sat	1:45	3.3	2:07	3.8	8:20	-0.7	8:56	-0.9	7:21	4:45	
12	Sun	2:42	3.3	3:04	3.7	9:11	-0.6	9:45	-0.8	7:21	4:47	
13	Mon	3:41	3.3	4:03	3.5	10:06	-0.4	10:37	-0.6	7:21	4:48	
14	Tue	4:41	3.3	5:01	3.3	11:06	-0.2	11:34	-0.4	7:20	4:49	
15	Wed	5:38	3.2	5:58	3.1			12:12	0.0	7:20	4:50	
16	Thu	6:33	3.2	6:55	2.9	12:34	-0.3	1:19	0.1	7:19	4:51	
17	Fri	7:31	3.1	7:55	2.7	1:35	-0.2	2:23	0.1	7:19	4:52	
18	Sat	8:31	3.1	8:58	2.7	2:33	-0.1	3:21	0.0	7:18	4:53	
19	Sun	9:30	3.1	9:57	2.7	3:26	-0.1	4:13	-0.1	7:18	4:55	
20	Mon	10:22	3.2	10:47	2.7	4:16	-0.1	5:02	-0.2	7:17	4:56	
21	Tue	11:08	3.2	11:32	2.8	5:03	-0.1	5:49	-0.2	7:16	4:57	
22	Wed	11:49	3.3			5:49	-0.1	6:32	-0.3	7:16	4:58	
23	Thu	12:14	2.9	12:27	3.3	6:32	-0.1	7:13	-0.3	7:15	4:59	
24	Fri	12:55	2.9	1:04	3.2	7:14	-0.1	7:52	-0.3	7:14	5:01	
25	Sat	1:35	2.9	1:40	3.1	7:53	-0.1	8:28	-0.3	7:13	5:02	
26	Sun	2:15	2.8	2:15	3.0	8:29	0.0	9:01	-0.2	7:13	5:03	
27	Mon	2:55	2.8	2:49	2.9	9:04	0.1	9:33	-0.1	7:12	5:04	
28	Tue	3:34	2.7	3:22	2.8	9:37	0.2	10:02	0.0	7:11	5:06	
29	Wed	4:11	2.7	3:59	2.6	10:12	0.3	10:32	0.2	7:10	5:07	
30	Thu	4:49	2.7	4:42	2.6	10:56	0.4	11:11	0.2	7:09	5:08	
31	Fri	5:29	2.7	5:31	2.5			12:03	0.5	7:08	5:10	