

Poughkeepsie, NY - Jun 1997

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	10:04	3.3	10:39	3.8	4:28	0.1	4:40	-0.2	5:23	8:23	
2	Mon	11:04	3.3	11:31	3.9	5:23	-0.1	5:31	-0.2	5:22	8:24	
3	Tue	11:58	3.4			6:16	-0.2	6:21	-0.2	5:22	8:25	
4	Wed	12:19	4.0	12:48	3.4	7:07	-0.3	7:11	-0.1	5:22	8:25	
5	Thu	1:04	4.0	1:36	3.4	7:57	-0.3	7:59	0.0	5:21	8:26	
6	Fri	1:49	3.9	2:25	3.3	8:44	-0.3	8:44	0.1	5:21	8:27	
7	Sat	2:33	3.8	3:14	3.2	9:28	-0.2	9:28	0.2	5:21	8:27	
8	Sun	3:19	3.6	4:05	3.1	10:11	-0.1	10:09	0.4	5:21	8:28	
9	Mon	4:07	3.4	4:57	3.0	10:53	0.1	10:52	0.6	5:20	8:29	
10	Tue	4:56	3.2	5:47	3.0	11:37	0.3	11:38	0.8	5:20	8:29	
11	Wed	5:44	3.1	6:34	3.0			12:24	0.4	5:20	8:30	
12	Thu	6:30	3.0	7:19	3.0	12:33	0.9	1:14	0.5	5:20	8:30	
13	Fri	7:15	2.8	8:04	3.0	1:34	0.9	2:05	0.6	5:20	8:31	
14	Sat	8:01	2.8	8:50	3.1	2:34	0.9	2:55	0.6	5:20	8:31	
15	Sun	8:53	2.7	9:39	3.2	3:30	0.8	3:42	0.5	5:20	8:32	
16	Mon	9:50	2.7	10:27	3.3	4:21	0.6	4:27	0.5	5:20	8:32	
17	Tue	10:45	2.8	11:11	3.5	5:09	0.5	5:12	0.4	5:20	8:32	
18	Wed	11:33	2.9	11:52	3.7	5:57	0.3	5:57	0.3	5:20	8:33	
19	Thu			12:17	3.0	6:44	0.1	6:44	0.2	5:20	8:33	
20	Fri	12:32	3.9	1:01	3.2	7:32	-0.1	7:32	0.1	5:21	8:33	
21	Sat	1:14	4.0	1:46	3.2	8:20	-0.3	8:21	0.0	5:21	8:33	
22	Sun	1:59	4.0	2:36	3.3	9:06	-0.4	9:10	0.0	5:21	8:34	
23	Mon	2:49	4.0	3:32	3.3	9:52	-0.4	9:59	0.0	5:21	8:34	
24	Tue	3:45	3.9	4:31	3.4	10:39	-0.3	10:52	0.1	5:22	8:34	
25	Wed	4:45	3.8	5:31	3.5	11:30	-0.3	11:52	0.2	5:22	8:34	
26	Thu	5:45	3.6	6:29	3.5			12:26	-0.2	5:22	8:34	
27	Fri	6:43	3.5	7:24	3.6	12:59	0.3	1:26	-0.1	5:23	8:34	
28	Sat	7:41	3.4	8:20	3.6	2:07	0.3	2:26	0.0	5:23	8:34	
29	Sun	8:41	3.2	9:19	3.7	3:12	0.3	3:23	0.0	5:24	8:34	
30	Mon	9:44	3.2	10:18	3.7	4:11	0.2	4:18	0.0	5:24	8:34	