

Poughkeepsie, NY - Aug 1997

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri			12:11	3.2	6:27	0.1	6:27	0.3	5:50	8:13	
2	Sat	12:27	3.7	12:56	3.3	7:13	0.1	7:13	0.3	5:51	8:12	
3	Sun	1:08	3.7	1:38	3.3	7:56	0.0	7:57	0.3	5:52	8:11	
4	Mon	1:47	3.7	2:20	3.3	8:36	0.0	8:39	0.3	5:53	8:10	
5	Tue	2:25	3.6	3:02	3.3	9:14	0.1	9:18	0.4	5:54	8:09	
6	Wed	3:03	3.4	3:45	3.2	9:49	0.2	9:55	0.5	5:55	8:07	
7	Thu	3:41	3.3	4:27	3.2	10:23	0.3	10:32	0.6	5:56	8:06	
8	Fri	4:19	3.1	5:09	3.2	10:54	0.4	11:10	0.7	5:57	8:05	
9	Sat	4:58	3.0	5:48	3.1	11:25	0.5	11:54	0.9	5:58	8:04	
10	Sun	5:39	2.9	6:26	3.2			12:00	0.7	5:59	8:02	
11	Mon	6:24	2.8	7:06	3.2	12:53	0.9	12:49	0.7	6:00	8:01	
12	Tue	7:13	2.8	7:53	3.3	2:03	0.9	1:57	0.8	6:01	8:00	
13	Wed	8:10	2.8	8:50	3.4	3:08	0.8	3:05	0.7	6:02	7:58	
14	Thu	9:19	2.9	9:54	3.6	4:06	0.6	4:06	0.5	6:03	7:57	
15	Fri	10:28	3.0	10:55	3.8	4:59	0.3	5:02	0.3	6:04	7:55	
16	Sat	11:26	3.3	11:48	4.1	5:51	0.1	5:57	0.1	6:05	7:54	
17	Sun			12:18	3.5	6:41	-0.2	6:52	-0.1	6:06	7:52	
18	Mon	12:38	4.2	1:08	3.8	7:32	-0.4	7:46	-0.2	6:07	7:51	
19	Tue	1:28	4.3	1:59	3.9	8:21	-0.5	8:39	-0.3	6:08	7:49	
20	Wed	2:20	4.2	2:52	4.0	9:09	-0.6	9:31	-0.3	6:09	7:48	
21	Thu	3:14	4.1	3:48	4.0	9:56	-0.5	10:23	-0.2	6:10	7:46	
22	Fri	4:12	3.9	4:47	3.9	10:44	-0.4	11:18	0.0	6:11	7:45	
23	Sat	5:11	3.7	5:45	3.8	11:36	-0.1			6:12	7:43	
24	Sun	6:10	3.5	6:41	3.7	12:19	0.2	12:33	0.1	6:13	7:42	
25	Mon	7:07	3.3	7:37	3.6	1:25	0.4	1:35	0.3	6:14	7:40	
26	Tue	8:05	3.2	8:34	3.5	2:30	0.5	2:37	0.5	6:15	7:39	
27	Wed	9:06	3.1	9:34	3.5	3:31	0.5	3:36	0.5	6:16	7:37	
28	Thu	10:07	3.1	10:32	3.5	4:26	0.4	4:29	0.5	6:17	7:35	
29	Fri	11:02	3.1	11:22	3.5	5:16	0.3	5:19	0.5	6:18	7:34	
30	Sat	11:50	3.3			6:01	0.3	6:05	0.4	6:19	7:32	
31	Sun	12:06	3.6	12:32	3.4	6:45	0.2	6:50	0.4	6:20	7:31	