

Poughkeepsie, NY - Sep 1997

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	12:45	3.6	1:12	3.4	7:26	0.2	7:33	0.3	6:21	7:29	
2	Tue	1:22	3.6	1:50	3.5	8:05	0.2	8:14	0.3	6:22	7:27	
3	Wed	1:58	3.6	2:27	3.5	8:41	0.2	8:53	0.4	6:23	7:26	
4	Thu	2:32	3.4	3:04	3.4	9:16	0.2	9:30	0.4	6:24	7:24	
5	Fri	3:05	3.3	3:39	3.4	9:47	0.3	10:05	0.5	6:25	7:22	
6	Sat	3:37	3.2	4:13	3.3	10:16	0.4	10:40	0.6	6:27	7:20	
7	Sun	4:12	3.0	4:50	3.3	10:43	0.6	11:19	0.7	6:28	7:19	
8	Mon	4:55	2.9	5:32	3.3	11:14	0.7			6:29	7:17	
9	Tue	5:47	2.9	6:20	3.3	12:11	0.8	11:58 AM	0.8	6:30	7:15	
10	Wed	6:43	2.8	7:15	3.4	1:23	0.9	1:10	0.8	6:31	7:14	
11	Thu	7:44	2.9	8:16	3.5	2:35	0.8	2:35	0.8	6:32	7:12	
12	Fri	8:53	3.0	9:25	3.6	3:37	0.6	3:44	0.6	6:33	7:10	
13	Sat	10:04	3.2	10:32	3.8	4:33	0.3	4:44	0.3	6:34	7:08	
14	Sun	11:05	3.5	11:29	4.0	5:25	0.0	5:40	0.1	6:35	7:07	
15	Mon	11:58	3.8			6:16	-0.2	6:35	-0.2	6:36	7:05	
16	Tue	12:21	4.2	12:48	4.1	7:06	-0.4	7:30	-0.3	6:37	7:03	
17	Wed	1:11	4.3	1:38	4.2	7:55	-0.5	8:23	-0.4	6:38	7:01	
18	Thu	2:02	4.2	2:29	4.2	8:44	-0.6	9:14	-0.4	6:39	7:00	
19	Fri	2:55	4.1	3:22	4.2	9:31	-0.5	10:05	-0.2	6:40	6:58	
20	Sat	3:51	3.8	4:19	4.0	10:19	-0.3	10:58	0.0	6:41	6:56	
21	Sun	4:50	3.6	5:18	3.9	11:09	0.0	11:55	0.2	6:42	6:55	
22	Mon	5:50	3.4	6:15	3.7			12:05	0.3	6:43	6:53	
23	Tue	6:48	3.2	7:11	3.5	12:59	0.4	1:07	0.6	6:44	6:51	
24	Wed	7:45	3.1	8:07	3.4	2:04	0.5	2:11	0.7	6:45	6:49	
25	Thu	8:43	3.1	9:05	3.3	3:05	0.6	3:12	0.7	6:46	6:48	
26	Fri	9:42	3.1	10:03	3.3	3:59	0.5	4:06	0.7	6:47	6:46	
27	Sat	10:36	3.2	10:55	3.4	4:47	0.5	4:55	0.6	6:48	6:44	
28	Sun	11:24	3.3	11:40	3.4	5:31	0.4	5:41	0.5	6:49	6:42	
29	Mon			12:05	3.5	6:12	0.3	6:24	0.4	6:50	6:41	
30	Tue	12:19	3.5	12:43	3.6	6:52	0.2	7:07	0.3	6:51	6:39	