

Poughkeepsie, NY - Nov 1997

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	12:35	3.2	12:51	3.7	7:10	0.2	7:43	0.1	6:28	4:50	
2	Sun	1:07	3.1	1:20	3.6	7:45	0.2	8:22	0.1	6:29	4:49	
3	Mon	1:41	3.1	1:53	3.6	8:19	0.3	9:01	0.2	6:30	4:48	
4	Tue	2:21	3.0	2:35	3.5	8:54	0.4	9:42	0.2	6:31	4:46	
5	Wed	3:11	2.9	3:27	3.5	9:33	0.5	10:31	0.3	6:33	4:45	
6	Thu	4:13	2.9	4:29	3.4	10:23	0.6	11:32	0.4	6:34	4:44	
7	Fri	5:16	2.9	5:33	3.4	11:38	0.6			6:35	4:43	
8	Sat	6:17	3.0	6:36	3.4	12:40	0.3	1:01	0.6	6:36	4:42	
9	Sun	7:19	3.2	7:42	3.4	1:44	0.2	2:11	0.4	6:37	4:41	
10	Mon	8:24	3.4	8:49	3.5	2:42	0.0	3:13	0.2	6:39	4:40	
11	Tue	9:26	3.7	9:51	3.6	3:35	-0.2	4:10	-0.1	6:40	4:39	
12	Wed	10:21	3.9	10:45	3.7	4:27	-0.4	5:04	-0.3	6:41	4:38	
13	Thu	11:11	4.1	11:36	3.7	5:17	-0.5	5:57	-0.4	6:42	4:37	
14	Fri	11:59	4.2			6:07	-0.5	6:49	-0.5	6:44	4:36	
15	Sat	12:26	3.7	12:46	4.1	6:57	-0.5	7:39	-0.5	6:45	4:35	
16	Sun	1:17	3.6	1:34	4.0	7:45	-0.3	8:27	-0.4	6:46	4:34	
17	Mon	2:09	3.4	2:25	3.8	8:31	-0.1	9:15	-0.2	6:47	4:33	
18	Tue	3:05	3.2	3:18	3.6	9:17	0.1	10:03	0.0	6:48	4:33	
19	Wed	4:02	3.1	4:13	3.3	10:04	0.4	10:55	0.2	6:50	4:32	
20	Thu	4:57	3.0	5:07	3.2	10:57	0.6	11:51	0.4	6:51	4:31	
21	Fri	5:50	2.9	5:58	3.0	11:59	0.8			6:52	4:31	
22	Sat	6:40	2.9	6:48	2.9	12:48	0.5	1:02	0.8	6:53	4:30	
23	Sun	7:31	2.9	7:41	2.8	1:42	0.5	2:01	0.8	6:54	4:29	
24	Mon	8:23	2.9	8:36	2.8	2:31	0.4	2:54	0.7	6:55	4:29	
25	Tue	9:14	3.1	9:29	2.8	3:16	0.4	3:42	0.5	6:56	4:28	
26	Wed	10:00	3.2	10:16	2.9	3:58	0.3	4:28	0.3	6:58	4:28	
27	Thu	10:41	3.4	10:57	2.9	4:39	0.2	5:12	0.2	6:59	4:27	
28	Fri	11:17	3.5	11:35	3.0	5:19	0.1	5:55	0.1	7:00	4:27	
29	Sat	11:51	3.6			6:00	0.1	6:39	-0.1	7:01	4:26	
30	Sun	12:10	3.0	12:23	3.6	6:40	0.0	7:22	-0.2	7:02	4:26	