

Poughkeepsie, NY - Mar 1998

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	2:13	3.7	2:41	3.6	8:55	-0.8	9:16	-0.8	6:30	5:45	
2	Mon	3:08	3.6	3:38	3.4	9:47	-0.6	10:04	-0.6	6:28	5:47	
3	Tue	4:06	3.5	4:37	3.2	10:43	-0.4	10:59	-0.3	6:27	5:48	
4	Wed	5:04	3.4	5:36	3.0	11:47	-0.1			6:25	5:49	
5	Thu	6:02	3.2	6:35	2.9	12:01	-0.1	12:55	0.0	6:23	5:50	
6	Fri	7:01	3.1	7:37	2.7	1:07	0.1	2:01	0.1	6:22	5:51	
7	Sat	8:05	3.0	8:42	2.7	2:11	0.2	3:01	0.1	6:20	5:52	
8	Sun	9:10	3.0	9:43	2.8	3:11	0.2	3:55	0.0	6:18	5:54	
9	Mon	10:07	3.1	10:35	2.9	4:04	0.1	4:44	-0.1	6:17	5:55	
10	Tue	10:55	3.2	11:19	3.1	4:53	0.0	5:30	-0.1	6:15	5:56	
11	Wed	11:37	3.2			5:39	-0.1	6:12	-0.2	6:14	5:57	
12	Thu	12:00	3.2	12:15	3.3	6:23	-0.1	6:52	-0.2	6:12	5:58	
13	Fri	12:38	3.2	12:52	3.2	7:04	-0.2	7:29	-0.2	6:10	5:59	
14	Sat	1:15	3.2	1:28	3.1	7:43	-0.2	8:04	-0.2	6:08	6:00	
15	Sun	1:51	3.2	2:03	3.0	8:20	-0.1	8:36	-0.1	6:07	6:02	
16	Mon	2:26	3.1	2:38	2.9	8:55	0.0	9:06	0.1	6:05	6:03	
17	Tue	2:59	3.0	3:12	2.7	9:28	0.1	9:32	0.2	6:03	6:04	
18	Wed	3:32	3.0	3:49	2.6	10:02	0.3	9:58	0.4	6:02	6:05	
19	Thu	4:08	2.9	4:32	2.5	10:42	0.4	10:33	0.5	6:00	6:06	
20	Fri	4:51	2.9	5:22	2.5	11:42	0.5	11:28	0.6	5:58	6:07	
21	Sat	5:42	2.9	6:18	2.5			1:00	0.5	5:57	6:08	
22	Sun	6:41	2.9	7:23	2.5	12:59	0.6	2:08	0.4	5:55	6:09	
23	Mon	7:51	3.0	8:35	2.7	2:18	0.5	3:07	0.2	5:53	6:10	
24	Tue	9:04	3.2	9:40	3.0	3:22	0.2	4:01	-0.1	5:51	6:12	
25	Wed	10:06	3.5	10:35	3.3	4:18	-0.1	4:52	-0.3	5:50	6:13	
26	Thu	11:00	3.7	11:24	3.7	5:13	-0.4	5:42	-0.5	5:48	6:14	
27	Fri	11:49	3.8			6:06	-0.6	6:31	-0.7	5:46	6:15	
28	Sat	12:12	3.9	12:39	3.9	6:59	-0.8	7:19	-0.8	5:45	6:16	
29	Sun	1:01	4.0	1:30	3.8	7:50	-0.8	8:07	-0.8	5:43	6:17	
30	Mon	1:52	4.0	2:24	3.7	8:40	-0.8	8:54	-0.7	5:41	6:18	
31	Tue	2:45	3.9	3:22	3.5	9:31	-0.6	9:42	-0.4	5:40	6:19	