

Poughkeepsie, NY - Jul 1998

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	6:51	3.0	7:33	3.1	1:01	0.8	1:32	0.5	5:24	8:34	
2	Thu	7:38	2.8	8:19	3.1	2:01	0.9	2:22	0.6	5:25	8:34	
3	Fri	8:27	2.7	9:08	3.2	2:58	0.9	3:11	0.6	5:26	8:33	
4	Sat	9:22	2.7	9:59	3.3	3:51	0.8	3:58	0.6	5:26	8:33	
5	Sun	10:19	2.7	10:47	3.4	4:40	0.6	4:43	0.5	5:27	8:33	
6	Mon	11:10	2.8	11:30	3.5	5:27	0.5	5:27	0.5	5:27	8:33	
7	Tue	11:55	2.9			6:13	0.3	6:11	0.4	5:28	8:32	
8	Wed	12:09	3.7	12:36	3.0	6:59	0.2	6:56	0.3	5:29	8:32	
9	Thu	12:46	3.8	1:16	3.1	7:44	0.0	7:42	0.3	5:29	8:32	
10	Fri	1:24	3.8	1:57	3.1	8:27	-0.1	8:28	0.2	5:30	8:31	
11	Sat	2:04	3.9	2:41	3.2	9:10	-0.2	9:12	0.2	5:31	8:31	
12	Sun	2:49	3.8	3:29	3.3	9:52	-0.2	9:58	0.2	5:32	8:30	
13	Mon	3:39	3.8	4:23	3.3	10:35	-0.2	10:47	0.2	5:32	8:30	
14	Tue	4:35	3.7	5:20	3.4	11:21	-0.1	11:44	0.3	5:33	8:29	
15	Wed	5:33	3.5	6:15	3.5			12:13	0.0	5:34	8:28	
16	Thu	6:31	3.4	7:10	3.6	12:51	0.4	1:13	0.0	5:35	8:28	
17	Fri	7:29	3.3	8:06	3.7	2:01	0.4	2:14	0.1	5:36	8:27	
18	Sat	8:30	3.2	9:07	3.7	3:07	0.3	3:15	0.1	5:36	8:27	
19	Sun	9:37	3.2	10:11	3.8	4:08	0.2	4:13	0.0	5:37	8:26	
20	Mon	10:42	3.2	11:09	3.9	5:05	0.1	5:08	0.0	5:38	8:25	
21	Tue	11:40	3.3			5:59	-0.1	6:01	0.0	5:39	8:24	
22	Wed	12:01	4.0	12:32	3.4	6:51	-0.2	6:53	0.0	5:40	8:23	
23	Thu	12:49	4.0	1:22	3.4	7:40	-0.2	7:43	0.0	5:41	8:23	
24	Fri	1:35	3.9	2:10	3.4	8:27	-0.2	8:31	0.1	5:42	8:22	
25	Sat	2:20	3.8	2:58	3.4	9:11	-0.2	9:16	0.2	5:43	8:21	
26	Sun	3:06	3.7	3:46	3.3	9:52	-0.1	9:58	0.3	5:44	8:20	
27	Mon	3:52	3.5	4:35	3.3	10:32	0.1	10:40	0.5	5:45	8:19	
28	Tue	4:39	3.3	5:22	3.2	11:11	0.3	11:25	0.7	5:46	8:18	
29	Wed	5:26	3.1	6:08	3.2	11:52	0.4			5:47	8:17	
30	Thu	6:12	3.0	6:52	3.2	12:15	0.8	12:37	0.6	5:48	8:16	
31	Fri	6:56	2.8	7:35	3.1	1:13	0.9	1:27	0.7	5:48	8:15	