

Poughkeepsie, NY - Jan 1999

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	11:42	3.9			5:46	-0.6	6:35	-0.7	7:22	4:35	
2	Sat	12:13	3.3	12:31	3.9	6:39	-0.6	7:26	-0.8	7:22	4:36	
3	Sun	1:05	3.3	1:21	3.8	7:30	-0.5	8:14	-0.7	7:22	4:37	
4	Mon	1:57	3.2	2:11	3.6	8:18	-0.4	9:00	-0.6	7:22	4:38	
5	Tue	2:51	3.1	3:03	3.4	9:04	-0.2	9:46	-0.4	7:22	4:39	
6	Wed	3:44	3.0	3:55	3.2	9:51	0.0	10:32	-0.2	7:22	4:40	
7	Thu	4:37	2.9	4:46	3.0	10:41	0.2	11:22	0.0	7:22	4:41	
8	Fri	5:27	2.8	5:35	2.8	11:38	0.4			7:22	4:42	
9	Sat	6:14	2.8	6:23	2.6	12:14	0.2	12:39	0.5	7:22	4:43	
10	Sun	7:02	2.7	7:14	2.4	1:08	0.3	1:40	0.5	7:22	4:44	
11	Mon	7:53	2.8	8:09	2.4	1:59	0.3	2:36	0.5	7:21	4:45	
12	Tue	8:47	2.8	9:08	2.4	2:48	0.3	3:28	0.4	7:21	4:46	
13	Wed	9:39	2.9	10:02	2.4	3:34	0.2	4:15	0.2	7:21	4:47	
14	Thu	10:25	3.1	10:48	2.5	4:19	0.2	5:01	0.1	7:20	4:48	
15	Fri	11:05	3.2	11:29	2.6	5:02	0.1	5:45	-0.1	7:20	4:49	
16	Sat	11:42	3.3			5:46	0.0	6:29	-0.2	7:19	4:50	
17	Sun	12:07	2.7	12:18	3.4	6:29	-0.1	7:11	-0.4	7:19	4:52	
18	Mon	12:43	2.8	12:53	3.4	7:12	-0.2	7:52	-0.4	7:18	4:53	
19	Tue	1:20	2.8	1:31	3.4	7:53	-0.2	8:31	-0.5	7:18	4:54	
20	Wed	2:00	2.9	2:13	3.4	8:34	-0.2	9:10	-0.5	7:17	4:55	
21	Thu	2:45	2.9	3:01	3.3	9:17	-0.2	9:51	-0.4	7:17	4:56	
22	Fri	3:36	3.0	3:55	3.2	10:04	-0.1	10:36	-0.3	7:16	4:58	
23	Sat	4:31	3.0	4:52	3.0	11:04	0.0	11:31	-0.2	7:15	4:59	
24	Sun	5:28	3.1	5:51	2.9			12:16	0.1	7:14	5:00	
25	Mon	6:26	3.1	6:52	2.8	12:35	-0.2	1:29	0.1	7:14	5:01	
26	Tue	7:28	3.2	8:00	2.7	1:41	-0.2	2:36	0.0	7:13	5:03	
27	Wed	8:36	3.3	9:11	2.8	2:44	-0.2	3:37	-0.2	7:12	5:04	
28	Thu	9:43	3.4	10:15	2.9	3:43	-0.3	4:34	-0.4	7:11	5:05	
29	Fri	10:40	3.5	11:10	3.1	4:38	-0.4	5:27	-0.5	7:10	5:06	
30	Sat	11:31	3.6			5:32	-0.5	6:18	-0.6	7:09	5:08	
31	Sun	12:00	3.2	12:19	3.6	6:24	-0.5	7:07	-0.7	7:08	5:09	