

Poughkeepsie, NY - Mar 1999

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon			12:03	3.5	6:07	-0.3	6:44	-0.5	6:30	5:45	
2	Tue	12:29	3.3	12:45	3.5	6:54	-0.4	7:26	-0.5	6:29	5:46	
3	Wed	1:11	3.3	1:26	3.4	7:38	-0.4	8:06	-0.4	6:27	5:47	
4	Thu	1:53	3.3	2:07	3.2	8:19	-0.3	8:43	-0.3	6:25	5:49	
5	Fri	2:34	3.2	2:49	3.0	8:58	-0.1	9:18	-0.1	6:24	5:50	
6	Sat	3:16	3.1	3:32	2.9	9:36	0.0	9:51	0.1	6:22	5:51	
7	Sun	3:59	3.0	4:16	2.7	10:15	0.2	10:24	0.3	6:21	5:52	
8	Mon	4:42	2.9	5:02	2.5	11:00	0.4	11:00	0.5	6:19	5:53	
9	Tue	5:25	2.8	5:48	2.4	11:58	0.6	11:55	0.6	6:17	5:54	
10	Wed	6:09	2.7	6:37	2.3			1:05	0.6	6:16	5:56	
11	Thu	6:59	2.7	7:35	2.3	1:09	0.7	2:08	0.6	6:14	5:57	
12	Fri	7:59	2.7	8:41	2.4	2:15	0.6	3:04	0.4	6:12	5:58	
13	Sat	9:03	2.9	9:40	2.6	3:12	0.5	3:54	0.2	6:11	5:59	
14	Sun	9:58	3.1	10:28	2.8	4:04	0.3	4:41	0.0	6:09	6:00	
15	Mon	10:45	3.3	11:10	3.1	4:53	0.1	5:27	-0.2	6:07	6:01	
16	Tue	11:28	3.5	11:50	3.3	5:42	-0.2	6:12	-0.4	6:06	6:02	
17	Wed			12:11	3.6	6:30	-0.4	6:56	-0.6	6:04	6:03	
18	Thu	12:31	3.5	12:55	3.7	7:18	-0.6	7:40	-0.7	6:02	6:05	
19	Fri	1:14	3.7	1:42	3.6	8:06	-0.6	8:23	-0.7	6:00	6:06	
20	Sat	2:02	3.7	2:34	3.5	8:53	-0.6	9:07	-0.6	5:59	6:07	
21	Sun	2:54	3.7	3:31	3.3	9:44	-0.5	9:54	-0.4	5:57	6:08	
22	Mon	3:52	3.6	4:31	3.2	10:40	-0.3	10:49	-0.2	5:55	6:09	
23	Tue	4:52	3.5	5:32	3.0	11:45	-0.1	11:54	0.1	5:54	6:10	
24	Wed	5:54	3.3	6:34	2.9			12:54	0.1	5:52	6:11	
25	Thu	6:57	3.2	7:38	2.9	1:05	0.2	2:01	0.1	5:50	6:12	
26	Fri	8:04	3.1	8:45	2.9	2:13	0.2	3:02	0.0	5:48	6:13	
27	Sat	9:11	3.1	9:47	3.0	3:14	0.2	3:56	-0.1	5:47	6:15	
28	Sun	10:10	3.2	10:39	3.2	4:10	0.1	4:46	-0.2	5:45	6:16	
29	Mon	10:59	3.3	11:24	3.4	5:00	0.0	5:32	-0.2	5:43	6:17	
30	Tue	11:42	3.4			5:48	-0.1	6:15	-0.2	5:42	6:18	
31	Wed	12:04	3.4	12:22	3.3	6:33	-0.2	6:56	-0.2	5:40	6:19	