

Poughkeepsie, NY - Jun 1999

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	2:28	3.5	3:06	2.9	9:25	0.1	9:20	0.5	5:23	8:23	
2	Wed	3:01	3.4	3:47	2.8	10:02	0.1	9:53	0.6	5:23	8:24	
3	Thu	3:35	3.3	4:31	2.7	10:39	0.2	10:27	0.7	5:22	8:24	
4	Fri	4:16	3.3	5:17	2.8	11:18	0.3	11:06	0.7	5:22	8:25	
5	Sat	5:05	3.2	6:03	2.8			12:03	0.4	5:22	8:26	
6	Sun	5:58	3.2	6:50	3.0	12:01	0.8	12:58	0.4	5:21	8:26	
7	Mon	6:54	3.2	7:40	3.1	1:19	0.8	1:58	0.3	5:21	8:27	
8	Tue	7:52	3.2	8:35	3.3	2:34	0.7	2:57	0.2	5:21	8:28	
9	Wed	8:57	3.2	9:37	3.6	3:39	0.4	3:52	0.1	5:20	8:28	
10	Thu	10:05	3.2	10:37	3.9	4:38	0.2	4:46	-0.1	5:20	8:29	
11	Fri	11:08	3.4	11:32	4.1	5:35	-0.1	5:39	-0.2	5:20	8:29	
12	Sat			12:04	3.5	6:30	-0.3	6:33	-0.3	5:20	8:30	
13	Sun	12:24	4.3	12:59	3.6	7:25	-0.5	7:27	-0.4	5:20	8:30	
14	Mon	1:16	4.3	1:54	3.6	8:18	-0.6	8:21	-0.3	5:20	8:31	
15	Tue	2:08	4.2	2:51	3.5	9:09	-0.6	9:13	-0.2	5:20	8:31	
16	Wed	3:04	4.1	3:50	3.5	10:00	-0.5	10:05	-0.1	5:20	8:32	
17	Thu	4:02	3.9	4:50	3.4	10:50	-0.4	10:58	0.2	5:20	8:32	
18	Fri	5:01	3.7	5:48	3.4	11:43	-0.2	11:55	0.4	5:20	8:32	
19	Sat	5:58	3.5	6:42	3.3			12:39	0.0	5:20	8:33	
20	Sun	6:51	3.3	7:32	3.3	12:57	0.6	1:35	0.2	5:20	8:33	
21	Mon	7:42	3.1	8:22	3.3	2:00	0.7	2:29	0.3	5:21	8:33	
22	Tue	8:34	2.9	9:13	3.3	2:59	0.7	3:20	0.4	5:21	8:33	
23	Wed	9:29	2.8	10:05	3.3	3:53	0.6	4:06	0.4	5:21	8:34	
24	Thu	10:25	2.8	10:53	3.4	4:43	0.5	4:50	0.4	5:21	8:34	
25	Fri	11:15	2.8	11:36	3.5	5:29	0.4	5:32	0.4	5:22	8:34	
26	Sat			12:00	2.9	6:14	0.3	6:14	0.4	5:22	8:34	
27	Sun	12:16	3.6	12:42	2.9	6:58	0.2	6:57	0.4	5:23	8:34	
28	Mon	12:54	3.6	1:22	2.9	7:41	0.1	7:39	0.4	5:23	8:34	
29	Tue	1:29	3.6	2:01	2.9	8:23	0.1	8:20	0.4	5:23	8:34	
30	Wed	2:03	3.6	2:40	2.9	9:02	0.1	8:59	0.5	5:24	8:34	