

Poughkeepsie, NY - Jul 1999

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	2:37	3.6	3:20	2.9	9:40	0.1	9:36	0.5	5:24	8:34	
2	Fri	3:13	3.5	4:01	2.9	10:17	0.1	10:13	0.5	5:25	8:34	
3	Sat	3:54	3.4	4:47	3.0	10:54	0.1	10:55	0.6	5:25	8:33	
4	Sun	4:44	3.4	5:34	3.1	11:36	0.2	11:47	0.6	5:26	8:33	
5	Mon	5:37	3.3	6:23	3.2			12:25	0.2	5:27	8:33	
6	Tue	6:33	3.3	7:14	3.4	12:57	0.7	1:22	0.2	5:27	8:33	
7	Wed	7:30	3.2	8:09	3.5	2:11	0.6	2:24	0.2	5:28	8:32	
8	Thu	8:33	3.2	9:11	3.7	3:18	0.4	3:24	0.1	5:28	8:32	
9	Fri	9:42	3.2	10:15	3.9	4:20	0.2	4:22	0.0	5:29	8:32	
10	Sat	10:50	3.3	11:15	4.1	5:17	0.0	5:18	-0.1	5:30	8:31	
11	Sun	11:50	3.4			6:13	-0.2	6:14	-0.2	5:31	8:31	
12	Mon	12:10	4.2	12:45	3.5	7:08	-0.4	7:10	-0.2	5:31	8:30	
13	Tue	1:02	4.2	1:39	3.6	8:01	-0.5	8:04	-0.2	5:32	8:30	
14	Wed	1:54	4.2	2:34	3.6	8:51	-0.5	8:56	-0.1	5:33	8:29	
15	Thu	2:47	4.0	3:29	3.5	9:39	-0.4	9:46	0.0	5:34	8:29	
16	Fri	3:40	3.9	4:25	3.5	10:26	-0.3	10:35	0.2	5:35	8:28	
17	Sat	4:35	3.6	5:19	3.4	11:13	-0.1	11:26	0.4	5:35	8:27	
18	Sun	5:28	3.4	6:10	3.4			12:02	0.1	5:36	8:27	
19	Mon	6:19	3.2	6:58	3.3	12:22	0.6	12:53	0.3	5:37	8:26	
20	Tue	7:07	3.0	7:45	3.3	1:22	0.7	1:46	0.5	5:38	8:25	
21	Wed	7:56	2.9	8:33	3.3	2:22	0.8	2:37	0.6	5:39	8:24	
22	Thu	8:49	2.7	9:24	3.3	3:18	0.8	3:27	0.6	5:40	8:24	
23	Fri	9:46	2.7	10:16	3.3	4:10	0.7	4:14	0.6	5:41	8:23	
24	Sat	10:42	2.7	11:05	3.4	4:59	0.6	4:59	0.6	5:42	8:22	
25	Sun	11:32	2.8	11:48	3.5	5:44	0.5	5:44	0.5	5:42	8:21	
26	Mon			12:16	2.9	6:29	0.3	6:28	0.5	5:43	8:20	
27	Tue	12:27	3.6	12:56	3.0	7:13	0.2	7:12	0.4	5:44	8:19	
28	Wed	1:04	3.7	1:34	3.1	7:55	0.1	7:56	0.4	5:45	8:18	
29	Thu	1:39	3.7	2:11	3.1	8:36	0.0	8:38	0.3	5:46	8:17	
30	Fri	2:14	3.7	2:48	3.2	9:14	0.0	9:18	0.3	5:47	8:16	
31	Sat	2:52	3.7	3:29	3.2	9:52	0.0	9:59	0.3	5:48	8:15	