

Poughkeepsie, NY - Aug 1999

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	3:36	3.6	4:15	3.3	10:29	0.0	10:43	0.4	5:49	8:14	
2	Mon	4:25	3.5	5:05	3.4	11:10	0.1	11:35	0.5	5:50	8:13	
3	Tue	5:21	3.4	5:58	3.5	11:56	0.1			5:51	8:12	
4	Wed	6:18	3.3	6:53	3.6	12:41	0.5	12:54	0.2	5:52	8:10	
5	Thu	7:16	3.2	7:50	3.7	1:53	0.5	1:59	0.2	5:53	8:09	
6	Fri	8:19	3.1	8:53	3.7	3:02	0.4	3:04	0.2	5:54	8:08	
7	Sat	9:29	3.1	10:01	3.8	4:04	0.3	4:06	0.1	5:55	8:07	
8	Sun	10:38	3.2	11:04	4.0	5:02	0.1	5:04	0.0	5:56	8:05	
9	Mon	11:38	3.4	11:59	4.1	5:57	-0.1	6:01	0.0	5:57	8:04	
10	Tue			12:32	3.5	6:50	-0.2	6:55	-0.1	5:58	8:03	
11	Wed	12:49	4.1	1:23	3.6	7:41	-0.3	7:48	-0.1	5:59	8:02	
12	Thu	1:38	4.1	2:13	3.7	8:29	-0.4	8:38	-0.1	6:00	8:00	
13	Fri	2:26	4.0	3:03	3.6	9:14	-0.3	9:25	0.1	6:01	7:59	
14	Sat	3:14	3.8	3:52	3.6	9:57	-0.2	10:10	0.2	6:02	7:57	
15	Sun	4:04	3.6	4:42	3.5	10:39	0.0	10:55	0.4	6:03	7:56	
16	Mon	4:54	3.4	5:31	3.4	11:21	0.3	11:44	0.6	6:04	7:55	
17	Tue	5:43	3.2	6:18	3.3			12:06	0.5	6:06	7:53	
18	Wed	6:32	3.0	7:04	3.3	12:39	0.8	12:55	0.7	6:07	7:52	
19	Thu	7:20	2.8	7:51	3.2	1:40	0.9	1:49	0.8	6:08	7:50	
20	Fri	8:11	2.7	8:41	3.2	2:40	0.9	2:45	0.9	6:09	7:49	
21	Sat	9:08	2.7	9:36	3.2	3:35	0.8	3:38	0.9	6:10	7:47	
22	Sun	10:08	2.7	10:30	3.3	4:26	0.7	4:28	0.8	6:11	7:46	
23	Mon	11:01	2.8	11:17	3.5	5:13	0.6	5:15	0.7	6:12	7:44	
24	Tue	11:47	3.0	11:59	3.6	5:57	0.4	6:01	0.5	6:13	7:43	
25	Wed			12:26	3.2	6:41	0.2	6:46	0.4	6:14	7:41	
26	Thu	12:37	3.8	1:03	3.3	7:24	0.1	7:31	0.3	6:15	7:39	
27	Fri	1:13	3.8	1:39	3.4	8:05	0.0	8:16	0.2	6:16	7:38	
28	Sat	1:51	3.9	2:17	3.5	8:45	-0.1	9:00	0.1	6:17	7:36	
29	Sun	2:31	3.8	2:58	3.6	9:24	-0.1	9:44	0.1	6:18	7:35	
30	Mon	3:17	3.7	3:45	3.7	10:03	-0.1	10:30	0.2	6:19	7:33	
31	Tue	4:09	3.6	4:39	3.7	10:45	0.0	11:23	0.3	6:20	7:31	