

Poughkeepsie, NY - Nov 1999

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	6:55	3.2	7:13	3.4	1:09	0.2	1:23	0.5	6:27	4:51	
2	Tue	7:56	3.2	8:15	3.3	2:10	0.2	2:27	0.4	6:28	4:49	
3	Wed	8:56	3.3	9:16	3.3	3:05	0.1	3:24	0.3	6:29	4:48	
4	Thu	9:50	3.5	10:08	3.3	3:54	0.0	4:15	0.2	6:31	4:47	
5	Fri	10:37	3.6	10:54	3.4	4:40	0.0	5:03	0.1	6:32	4:46	
6	Sat	11:18	3.7	11:35	3.3	5:22	0.0	5:48	0.1	6:33	4:45	
7	Sun	11:56	3.7			6:03	0.0	6:32	0.0	6:34	4:43	
8	Mon	12:14	3.3	12:33	3.7	6:43	0.1	7:14	0.0	6:36	4:42	
9	Tue	12:52	3.2	1:09	3.7	7:21	0.2	7:54	0.1	6:37	4:41	
10	Wed	1:32	3.1	1:45	3.5	7:57	0.3	8:33	0.2	6:38	4:40	
11	Thu	2:12	2.9	2:22	3.4	8:31	0.4	9:10	0.3	6:39	4:39	
12	Fri	2:56	2.8	3:00	3.3	9:02	0.6	9:48	0.4	6:40	4:38	
13	Sat	3:45	2.7	3:42	3.1	9:33	0.7	10:30	0.5	6:42	4:37	
14	Sun	4:35	2.6	4:30	3.0	10:08	0.8	11:21	0.6	6:43	4:36	
15	Mon	5:24	2.6	5:19	3.0	11:00	0.9			6:44	4:35	
16	Tue	6:11	2.6	6:10	3.0	12:22	0.6	12:26	1.0	6:45	4:35	
17	Wed	6:59	2.7	7:06	3.0	1:22	0.5	1:41	0.8	6:47	4:34	
18	Thu	7:53	2.9	8:07	3.1	2:16	0.4	2:43	0.6	6:48	4:33	
19	Fri	8:49	3.2	9:10	3.2	3:06	0.2	3:37	0.3	6:49	4:32	
20	Sat	9:42	3.5	10:06	3.4	3:53	0.0	4:30	0.0	6:50	4:32	
21	Sun	10:30	3.8	10:56	3.5	4:41	-0.2	5:22	-0.2	6:51	4:31	
22	Mon	11:17	4.1	11:46	3.6	5:29	-0.4	6:14	-0.4	6:52	4:30	
23	Tue			12:04	4.2	6:19	-0.5	7:06	-0.6	6:54	4:30	
24	Wed	12:36	3.6	12:53	4.2	7:10	-0.5	7:58	-0.6	6:55	4:29	
25	Thu	1:30	3.5	1:47	4.1	8:01	-0.5	8:49	-0.6	6:56	4:28	
26	Fri	2:29	3.4	2:46	3.9	8:52	-0.4	9:41	-0.4	6:57	4:28	
27	Sat	3:33	3.3	3:49	3.7	9:45	-0.1	10:38	-0.3	6:58	4:27	
28	Sun	4:36	3.2	4:52	3.5	10:45	0.1	11:39	-0.1	6:59	4:27	
29	Mon	5:37	3.2	5:52	3.3	11:52	0.3			7:00	4:27	
30	Tue	6:34	3.1	6:49	3.2	12:42	0.0	1:01	0.4	7:01	4:26	