

Poughkeepsie, NY - Jan 2000

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	8:47	3.0	9:07	2.5	2:51	0.1	3:26	0.3	7:22	4:35	
2	Sun	9:39	3.1	10:00	2.6	3:37	0.1	4:15	0.2	7:22	4:36	
3	Mon	10:25	3.2	10:47	2.6	4:21	0.1	5:00	0.1	7:22	4:37	
4	Tue	11:06	3.3	11:29	2.7	5:03	0.1	5:44	0.0	7:22	4:38	
5	Wed	11:45	3.3			5:45	0.0	6:27	-0.1	7:22	4:39	
6	Thu	12:09	2.7	12:22	3.3	6:27	0.0	7:08	-0.2	7:22	4:40	
7	Fri	12:47	2.7	12:56	3.3	7:07	0.0	7:47	-0.2	7:22	4:41	
8	Sat	1:25	2.7	1:30	3.2	7:45	0.0	8:24	-0.2	7:22	4:42	
9	Sun	2:01	2.6	2:03	3.2	8:21	0.1	8:59	-0.2	7:22	4:43	
10	Mon	2:37	2.6	2:37	3.1	8:55	0.1	9:34	-0.1	7:22	4:44	
11	Tue	3:16	2.6	3:18	3.0	9:30	0.2	10:09	-0.1	7:21	4:45	
12	Wed	3:59	2.6	4:06	2.9	10:10	0.3	10:50	0.0	7:21	4:46	
13	Thu	4:46	2.7	4:59	2.8	11:06	0.4	11:42	0.0	7:21	4:47	
14	Fri	5:37	2.8	5:55	2.8			12:26	0.4	7:20	4:48	
15	Sat	6:31	3.0	6:57	2.7	12:46	0.0	1:43	0.3	7:20	4:49	
16	Sun	7:33	3.1	8:06	2.7	1:51	0.0	2:50	0.1	7:20	4:50	
17	Mon	8:41	3.3	9:19	2.8	2:54	-0.2	3:51	-0.2	7:19	4:51	
18	Tue	9:48	3.5	10:23	3.0	3:52	-0.3	4:47	-0.4	7:19	4:53	
19	Wed	10:46	3.7	11:19	3.1	4:49	-0.5	5:42	-0.6	7:18	4:54	
20	Thu	11:40	3.9			5:45	-0.6	6:36	-0.8	7:17	4:55	
21	Fri	12:13	3.2	12:31	3.9	6:40	-0.7	7:27	-0.9	7:17	4:56	
22	Sat	1:06	3.3	1:23	3.8	7:32	-0.7	8:15	-0.9	7:16	4:57	
23	Sun	2:00	3.3	2:16	3.7	8:23	-0.6	9:02	-0.8	7:15	4:59	
24	Mon	2:54	3.2	3:09	3.5	9:11	-0.5	9:49	-0.6	7:15	5:00	
25	Tue	3:49	3.2	4:03	3.2	10:01	-0.2	10:37	-0.4	7:14	5:01	
26	Wed	4:42	3.1	4:55	3.0	10:55	0.0	11:28	-0.1	7:13	5:02	
27	Thu	5:32	3.0	5:46	2.8	11:54	0.2			7:12	5:04	
28	Fri	6:21	2.9	6:36	2.6	12:23	0.1	12:57	0.4	7:11	5:05	
29	Sat	7:11	2.8	7:30	2.4	1:18	0.2	1:58	0.4	7:11	5:06	
30	Sun	8:05	2.8	8:29	2.3	2:12	0.3	2:54	0.4	7:10	5:07	
31	Mon	9:02	2.8	9:29	2.3	3:02	0.3	3:45	0.3	7:09	5:09	