

Poughkeepsie, NY - Jun 2000

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu			12:23	3.4	6:52	-0.2	6:51	-0.2	5:23	8:24	
2	Fri	12:37	4.2	1:13	3.4	7:44	-0.4	7:43	-0.3	5:22	8:24	
3	Sat	1:25	4.2	2:07	3.4	8:36	-0.5	8:35	-0.3	5:22	8:25	
4	Sun	2:17	4.2	3:04	3.4	9:26	-0.5	9:27	-0.2	5:22	8:26	
5	Mon	3:14	4.1	4:06	3.4	10:17	-0.5	10:20	-0.1	5:21	8:26	
6	Tue	4:16	3.9	5:10	3.4	11:10	-0.3	11:17	0.1	5:21	8:27	
7	Wed	5:20	3.7	6:10	3.4			12:08	-0.2	5:21	8:28	
8	Thu	6:21	3.6	7:07	3.4	12:21	0.3	1:09	-0.1	5:21	8:28	
9	Fri	7:18	3.4	8:02	3.4	1:29	0.4	2:09	0.0	5:20	8:29	
10	Sat	8:14	3.2	8:58	3.4	2:35	0.5	3:05	0.1	5:20	8:29	
11	Sun	9:13	3.1	9:53	3.5	3:35	0.4	3:57	0.1	5:20	8:30	
12	Mon	10:12	3.0	10:45	3.6	4:30	0.3	4:45	0.1	5:20	8:30	
13	Tue	11:06	3.0	11:31	3.6	5:20	0.3	5:30	0.2	5:20	8:31	
14	Wed	11:53	3.0			6:08	0.2	6:13	0.2	5:20	8:31	
15	Thu	12:12	3.7	12:37	3.0	6:53	0.1	6:55	0.3	5:20	8:32	
16	Fri	12:51	3.7	1:18	3.0	7:37	0.1	7:37	0.3	5:20	8:32	
17	Sat	1:29	3.7	2:00	3.0	8:20	0.1	8:18	0.4	5:20	8:32	
18	Sun	2:07	3.6	2:43	2.9	9:00	0.1	8:57	0.5	5:20	8:33	
19	Mon	2:44	3.5	3:27	2.8	9:38	0.1	9:34	0.6	5:20	8:33	
20	Tue	3:22	3.4	4:12	2.8	10:15	0.2	10:09	0.7	5:21	8:33	
21	Wed	4:01	3.3	4:58	2.8	10:51	0.3	10:44	0.8	5:21	8:33	
22	Thu	4:42	3.2	5:41	2.8	11:29	0.4	11:24	0.9	5:21	8:34	
23	Fri	5:26	3.1	6:20	2.9			12:11	0.4	5:21	8:34	
24	Sat	6:11	3.0	7:00	3.0	12:19	0.9	1:00	0.5	5:22	8:34	
25	Sun	7:00	3.0	7:42	3.1	1:32	0.9	1:55	0.4	5:22	8:34	
26	Mon	7:53	3.0	8:33	3.3	2:42	0.8	2:51	0.4	5:22	8:34	
27	Tue	8:55	3.0	9:31	3.6	3:44	0.6	3:45	0.2	5:23	8:34	
28	Wed	10:03	3.1	10:31	3.8	4:41	0.3	4:39	0.1	5:23	8:34	
29	Thu	11:06	3.2	11:26	4.0	5:36	0.1	5:33	0.0	5:24	8:34	
30	Fri			12:03	3.3	6:31	-0.2	6:28	-0.2	5:24	8:34	