

Poughkeepsie, NY - Aug 2000

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	1:53	4.3	2:32	3.7	8:50	-0.5	8:58	-0.2	5:50	8:13	
2	Wed	2:47	4.1	3:29	3.7	9:38	-0.5	9:49	-0.1	5:51	8:12	
3	Thu	3:42	4.0	4:25	3.7	10:26	-0.4	10:41	0.0	5:52	8:11	
4	Fri	4:39	3.7	5:20	3.7	11:14	-0.2	11:35	0.3	5:53	8:10	
5	Sat	5:34	3.5	6:13	3.6			12:05	0.1	5:54	8:08	
6	Sun	6:27	3.3	7:03	3.5	12:34	0.5	12:59	0.3	5:55	8:07	
7	Mon	7:18	3.1	7:52	3.4	1:36	0.6	1:54	0.5	5:56	8:06	
8	Tue	8:11	2.9	8:44	3.4	2:38	0.7	2:49	0.6	5:57	8:05	
9	Wed	9:08	2.8	9:38	3.4	3:35	0.7	3:41	0.7	5:58	8:03	
10	Thu	10:07	2.8	10:32	3.4	4:27	0.6	4:30	0.7	5:59	8:02	
11	Fri	11:02	2.8	11:21	3.5	5:15	0.5	5:16	0.6	6:00	8:01	
12	Sat	11:49	2.9			6:00	0.4	6:01	0.6	6:01	7:59	
13	Sun	12:04	3.6	12:31	3.0	6:43	0.3	6:45	0.5	6:02	7:58	
14	Mon	12:43	3.6	1:11	3.1	7:25	0.2	7:29	0.5	6:03	7:56	
15	Tue	1:20	3.7	1:48	3.2	8:05	0.2	8:10	0.4	6:04	7:55	
16	Wed	1:54	3.6	2:23	3.2	8:43	0.1	8:50	0.4	6:05	7:53	
17	Thu	2:27	3.6	2:57	3.2	9:18	0.1	9:27	0.4	6:06	7:52	
18	Fri	3:00	3.5	3:31	3.3	9:51	0.1	10:04	0.5	6:07	7:51	
19	Sat	3:37	3.4	4:08	3.3	10:23	0.2	10:42	0.6	6:08	7:49	
20	Sun	4:21	3.3	4:51	3.4	10:57	0.3	11:29	0.6	6:09	7:48	
21	Mon	5:12	3.2	5:41	3.5	11:37	0.4			6:10	7:46	
22	Tue	6:08	3.1	6:35	3.5	12:32	0.7	12:31	0.4	6:11	7:44	
23	Wed	7:07	3.0	7:34	3.6	1:48	0.7	1:42	0.5	6:12	7:43	
24	Thu	8:12	3.0	8:39	3.7	2:59	0.6	2:55	0.4	6:13	7:41	
25	Fri	9:25	3.1	9:51	3.8	4:03	0.4	4:01	0.3	6:15	7:40	
26	Sat	10:35	3.3	10:58	4.0	5:00	0.2	5:02	0.1	6:16	7:38	
27	Sun	11:36	3.5	11:55	4.1	5:55	-0.1	6:00	0.0	6:17	7:37	
28	Mon			12:30	3.7	6:47	-0.3	6:55	-0.2	6:18	7:35	
29	Tue	12:47	4.2	1:21	3.9	7:38	-0.4	7:49	-0.2	6:19	7:33	
30	Wed	1:37	4.2	2:11	3.9	8:27	-0.4	8:41	-0.2	6:20	7:32	
31	Thu	2:27	4.1	3:02	3.9	9:13	-0.4	9:30	-0.1	6:21	7:30	