

Poughkeepsie, NY - Sep 2000

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	3:18	3.9	3:53	3.8	9:57	-0.2	10:18	0.1	6:22	7:28	
2	Sat	4:10	3.6	4:45	3.7	10:41	0.0	11:07	0.3	6:23	7:27	
3	Sun	5:04	3.4	5:37	3.6	11:26	0.3			6:24	7:25	
4	Mon	5:57	3.2	6:27	3.5	12:00	0.5	12:16	0.5	6:25	7:23	
5	Tue	6:49	3.0	7:16	3.4	12:59	0.7	1:11	0.8	6:26	7:22	
6	Wed	7:41	2.8	8:06	3.3	2:02	0.8	2:10	0.9	6:27	7:20	
7	Thu	8:36	2.7	9:01	3.2	3:01	0.8	3:08	0.9	6:28	7:18	
8	Fri	9:36	2.7	9:58	3.3	3:55	0.8	4:01	0.9	6:29	7:17	
9	Sat	10:33	2.8	10:51	3.4	4:44	0.7	4:49	0.8	6:30	7:15	
10	Sun	11:22	3.0	11:36	3.5	5:28	0.5	5:35	0.7	6:31	7:13	
11	Mon			12:04	3.2	6:10	0.4	6:19	0.6	6:32	7:11	
12	Tue	12:16	3.6	12:41	3.3	6:51	0.3	7:02	0.4	6:33	7:10	
13	Wed	12:52	3.7	1:15	3.4	7:31	0.2	7:45	0.4	6:34	7:08	
14	Thu	1:25	3.7	1:47	3.5	8:09	0.1	8:26	0.3	6:35	7:06	
15	Fri	1:59	3.6	2:18	3.6	8:45	0.1	9:06	0.3	6:36	7:04	
16	Sat	2:33	3.6	2:52	3.6	9:20	0.1	9:45	0.3	6:37	7:03	
17	Sun	3:13	3.5	3:31	3.6	9:54	0.1	10:27	0.4	6:38	7:01	
18	Mon	3:59	3.3	4:19	3.7	10:30	0.2	11:16	0.5	6:39	6:59	
19	Tue	4:55	3.2	5:15	3.6	11:13	0.4			6:40	6:58	
20	Wed	5:58	3.1	6:17	3.6	12:18	0.6	12:11	0.5	6:41	6:56	
21	Thu	7:01	3.1	7:21	3.6	1:32	0.6	1:28	0.6	6:42	6:54	
22	Fri	8:07	3.1	8:29	3.6	2:43	0.5	2:45	0.5	6:43	6:52	
23	Sat	9:18	3.2	9:41	3.7	3:46	0.4	3:52	0.4	6:44	6:51	
24	Sun	10:25	3.4	10:47	3.8	4:43	0.1	4:52	0.2	6:45	6:49	
25	Mon	11:23	3.6	11:42	4.0	5:36	-0.1	5:48	0.0	6:46	6:47	
26	Tue			12:14	3.9	6:26	-0.2	6:41	-0.1	6:47	6:45	
27	Wed	12:32	4.0	1:02	4.0	7:14	-0.3	7:33	-0.2	6:48	6:44	
28	Thu	1:18	4.0	1:47	4.0	8:01	-0.3	8:22	-0.2	6:49	6:42	
29	Fri	2:04	3.9	2:33	4.0	8:45	-0.2	9:08	-0.1	6:51	6:40	
30	Sat	2:51	3.7	3:19	3.9	9:27	-0.1	9:53	0.1	6:52	6:38	