

Poughkeepsie, NY - Oct 2000

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	3:40	3.5	4:06	3.7	10:07	0.2	10:38	0.3	6:53	6:37	
2	Mon	4:31	3.2	4:56	3.6	10:48	0.4	11:26	0.5	6:54	6:35	
3	Tue	5:25	3.0	5:46	3.4	11:31	0.7			6:55	6:33	
4	Wed	6:19	2.9	6:37	3.3	12:20	0.7	12:22	0.9	6:56	6:32	
5	Thu	7:11	2.8	7:28	3.2	1:21	0.8	1:26	1.1	6:57	6:30	
6	Fri	8:04	2.7	8:21	3.1	2:22	0.9	2:30	1.1	6:58	6:28	
7	Sat	9:01	2.7	9:18	3.1	3:18	0.8	3:28	1.0	6:59	6:27	
8	Sun	9:58	2.8	10:13	3.2	4:08	0.7	4:20	0.9	7:00	6:25	
9	Mon	10:49	3.0	11:02	3.3	4:52	0.5	5:06	0.7	7:01	6:23	
10	Tue	11:31	3.2	11:43	3.5	5:34	0.4	5:51	0.5	7:02	6:22	
11	Wed			12:07	3.4	6:14	0.2	6:35	0.4	7:04	6:20	
12	Thu	12:20	3.6	12:40	3.6	6:53	0.1	7:18	0.2	7:05	6:19	
13	Fri	12:56	3.6	1:12	3.7	7:33	0.0	8:02	0.1	7:06	6:17	
14	Sat	1:31	3.6	1:45	3.9	8:12	0.0	8:46	0.0	7:07	6:15	
15	Sun	2:10	3.5	2:22	3.9	8:50	0.0	9:29	0.0	7:08	6:14	
16	Mon	2:54	3.4	3:06	3.9	9:30	0.0	10:15	0.1	7:09	6:12	
17	Tue	3:46	3.3	3:58	3.8	10:12	0.1	11:06	0.2	7:10	6:11	
18	Wed	4:47	3.2	5:00	3.7	11:00	0.3			7:11	6:09	
19	Thu	5:54	3.1	6:07	3.6	12:07	0.3	12:02	0.5	7:13	6:08	
20	Fri	6:58	3.1	7:13	3.6	1:17	0.4	1:20	0.5	7:14	6:06	
21	Sat	8:02	3.1	8:20	3.5	2:26	0.3	2:35	0.5	7:15	6:05	
22	Sun	9:08	3.3	9:28	3.5	3:28	0.2	3:41	0.4	7:16	6:03	
23	Mon	10:12	3.5	10:32	3.6	4:23	0.0	4:40	0.2	7:17	6:02	
24	Tue	11:08	3.7	11:26	3.7	5:14	-0.1	5:34	0.0	7:18	6:00	
25	Wed	11:57	3.9			6:02	-0.2	6:25	-0.1	7:20	5:59	
26	Thu	12:14	3.7	12:41	4.0	6:48	-0.2	7:15	-0.1	7:21	5:58	
27	Fri	12:58	3.7	1:23	4.0	7:33	-0.2	8:02	-0.1	7:22	5:56	
28	Sat	1:42	3.6	2:04	3.9	8:16	-0.1	8:47	-0.1	7:23	5:55	
29	Sun	1:26	3.4	1:46	3.8	7:57	0.0	8:29	0.0	6:24	4:53	
30	Mon	2:11	3.2	2:29	3.6	8:35	0.2	9:11	0.2	6:26	4:52	
31	Tue	3:00	3.0	3:15	3.5	9:13	0.5	9:54	0.4	6:27	4:51	