

Poughkeepsie, NY - Jul 2001

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	10:09	3.0	10:43	3.7	4:31	0.3	4:42	0.1	5:25	8:34	
2	Mon	11:07	3.0	11:32	3.8	5:24	0.2	5:30	0.2	5:25	8:34	
3	Tue	11:58	3.0			6:14	0.1	6:17	0.2	5:26	8:33	
4	Wed	12:16	3.8	12:44	3.0	7:02	0.1	7:03	0.3	5:26	8:33	
5	Thu	12:58	3.8	1:28	3.0	7:47	0.0	7:48	0.4	5:27	8:33	
6	Fri	1:39	3.7	2:12	3.0	8:31	0.0	8:31	0.4	5:28	8:33	
7	Sat	2:20	3.6	2:57	3.0	9:11	0.1	9:11	0.5	5:28	8:32	
8	Sun	3:01	3.5	3:43	2.9	9:49	0.1	9:50	0.6	5:29	8:32	
9	Mon	3:44	3.4	4:30	2.9	10:26	0.2	10:27	0.7	5:30	8:31	
10	Tue	4:27	3.2	5:16	2.9	11:02	0.3	11:06	0.8	5:30	8:31	
11	Wed	5:10	3.1	5:58	2.9	11:39	0.4	11:51	0.9	5:31	8:31	
12	Thu	5:52	3.0	6:36	2.9			12:18	0.5	5:32	8:30	
13	Fri	6:33	2.9	7:12	3.0	12:49	1.0	1:04	0.6	5:33	8:30	
14	Sat	7:16	2.8	7:51	3.1	1:56	1.0	1:57	0.6	5:33	8:29	
15	Sun	8:06	2.8	8:38	3.3	3:00	0.9	2:51	0.5	5:34	8:28	
16	Mon	9:07	2.8	9:34	3.5	3:57	0.7	3:46	0.5	5:35	8:28	
17	Tue	10:14	2.8	10:33	3.7	4:51	0.5	4:39	0.3	5:36	8:27	
18	Wed	11:14	3.0	11:28	3.9	5:44	0.2	5:33	0.2	5:37	8:26	
19	Thu			12:08	3.2	6:36	0.0	6:28	0.0	5:38	8:26	
20	Fri	12:19	4.1	12:59	3.3	7:29	-0.2	7:24	-0.1	5:38	8:25	
21	Sat	1:10	4.2	1:52	3.5	8:20	-0.4	8:19	-0.2	5:39	8:24	
22	Sun	2:03	4.2	2:48	3.6	9:09	-0.5	9:13	-0.2	5:40	8:23	
23	Mon	2:59	4.1	3:46	3.6	9:57	-0.5	10:05	-0.1	5:41	8:22	
24	Tue	3:57	4.0	4:45	3.7	10:46	-0.4	11:00	0.0	5:42	8:21	
25	Wed	4:57	3.8	5:43	3.7	11:37	-0.3			5:43	8:21	
26	Thu	5:55	3.6	6:38	3.7	12:00	0.2	12:32	-0.1	5:44	8:20	
27	Fri	6:51	3.4	7:31	3.7	1:05	0.4	1:30	0.1	5:45	8:19	
28	Sat	7:46	3.2	8:25	3.6	2:10	0.4	2:29	0.2	5:46	8:18	
29	Sun	8:45	3.0	9:21	3.6	3:13	0.5	3:25	0.3	5:47	8:17	
30	Mon	9:47	2.9	10:18	3.6	4:10	0.4	4:17	0.4	5:48	8:16	
31	Tue	10:47	2.9	11:10	3.6	5:03	0.4	5:07	0.4	5:49	8:14	