

Poughkeepsie, NY - Mar 2003

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	11:35	3.4			5:37	-0.1	6:12	-0.3	6:30	5:45	
2	Sun	12:01	3.0	12:17	3.4	6:24	-0.2	6:54	-0.3	6:29	5:46	
3	Mon	12:41	3.1	12:57	3.4	7:08	-0.2	7:33	-0.3	6:27	5:47	
4	Tue	1:20	3.1	1:36	3.3	7:49	-0.2	8:09	-0.3	6:25	5:49	
5	Wed	1:57	3.1	2:15	3.1	8:27	-0.1	8:42	-0.2	6:24	5:50	
6	Thu	2:34	3.1	2:54	2.9	9:04	0.0	9:12	0.0	6:22	5:51	
7	Fri	3:11	3.0	3:35	2.7	9:39	0.2	9:40	0.1	6:20	5:52	
8	Sat	3:46	2.9	4:17	2.6	10:16	0.4	10:07	0.3	6:19	5:53	
9	Sun	4:22	2.8	5:01	2.4	10:59	0.5	10:38	0.5	6:17	5:54	
10	Mon	5:00	2.7	5:47	2.3			12:01	0.7	6:16	5:56	
11	Tue	5:44	2.7	6:40	2.2			1:16	0.7	6:14	5:57	
12	Wed	6:37	2.7	7:43	2.2	12:44	0.7	2:22	0.6	6:12	5:58	
13	Thu	7:44	2.8	8:52	2.4	2:06	0.7	3:19	0.4	6:11	5:59	
14	Fri	9:00	2.9	9:51	2.6	3:10	0.5	4:09	0.2	6:09	6:00	
15	Sat	10:01	3.2	10:40	2.9	4:06	0.2	4:57	0.0	6:07	6:01	
16	Sun	10:51	3.4	11:23	3.2	4:59	-0.1	5:43	-0.3	6:05	6:02	
17	Mon	11:37	3.6			5:50	-0.3	6:28	-0.5	6:04	6:04	
18	Tue	12:06	3.5	12:22	3.7	6:41	-0.5	7:12	-0.6	6:02	6:05	
19	Wed	12:50	3.7	1:08	3.7	7:31	-0.7	7:55	-0.7	6:00	6:06	
20	Thu	1:36	3.8	1:57	3.6	8:20	-0.7	8:39	-0.6	5:59	6:07	
21	Fri	2:26	3.8	2:51	3.4	9:08	-0.6	9:23	-0.5	5:57	6:08	
22	Sat	3:20	3.7	3:49	3.2	10:00	-0.4	10:12	-0.2	5:55	6:09	
23	Sun	4:18	3.6	4:51	3.0	10:59	-0.1	11:10	0.1	5:54	6:10	
24	Mon	5:18	3.4	5:53	2.8			12:06	0.1	5:52	6:11	
25	Tue	6:19	3.2	6:56	2.7	12:20	0.3	1:17	0.2	5:50	6:12	
26	Wed	7:23	3.1	8:04	2.6	1:32	0.4	2:23	0.2	5:48	6:14	
27	Thu	8:31	3.0	9:12	2.7	2:39	0.4	3:21	0.1	5:47	6:15	
28	Fri	9:36	3.1	10:10	2.9	3:38	0.3	4:13	0.1	5:45	6:16	
29	Sat	10:29	3.2	10:56	3.1	4:30	0.2	4:59	0.0	5:43	6:17	
30	Sun	11:13	3.2	11:37	3.2	5:18	0.1	5:42	-0.1	5:42	6:18	
31	Mon	11:53	3.3			6:03	0.0	6:22	-0.1	5:40	6:19	