

Poughkeepsie, NY - Jul 2003

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	1:56	3.6	2:51	2.9	9:14	0.1	9:00	0.4	5:24	8:34	
2	Wed	2:33	3.6	3:35	2.9	9:53	0.1	9:40	0.5	5:25	8:34	
3	Thu	3:15	3.6	4:22	2.9	10:32	0.1	10:22	0.5	5:25	8:33	
4	Fri	4:04	3.5	5:12	3.0	11:13	0.1	11:11	0.5	5:26	8:33	
5	Sat	4:59	3.4	6:02	3.2	11:58	0.2			5:27	8:33	
6	Sun	5:56	3.3	6:51	3.4	12:11	0.6	12:51	0.2	5:27	8:33	
7	Mon	6:52	3.2	7:43	3.5	1:23	0.6	1:49	0.2	5:28	8:32	
8	Tue	7:50	3.1	8:39	3.7	2:34	0.5	2:49	0.2	5:29	8:32	
9	Wed	8:55	3.0	9:41	3.8	3:39	0.4	3:47	0.1	5:29	8:32	
10	Thu	10:06	3.0	10:43	4.0	4:39	0.2	4:43	0.1	5:30	8:31	
11	Fri	11:12	3.1	11:39	4.1	5:36	0.0	5:39	0.0	5:31	8:31	
12	Sat			12:10	3.2	6:32	-0.1	6:35	0.0	5:31	8:30	
13	Sun	12:32	4.1	1:04	3.3	7:26	-0.2	7:30	0.0	5:32	8:30	
14	Mon	1:23	4.1	1:58	3.3	8:17	-0.3	8:23	0.0	5:33	8:29	
15	Tue	2:13	4.0	2:52	3.3	9:05	-0.3	9:13	0.1	5:34	8:29	
16	Wed	3:05	3.9	3:46	3.3	9:51	-0.2	10:00	0.3	5:35	8:28	
17	Thu	3:57	3.7	4:39	3.2	10:35	-0.1	10:48	0.5	5:35	8:27	
18	Fri	4:48	3.5	5:30	3.2	11:19	0.1	11:38	0.6	5:36	8:27	
19	Sat	5:39	3.3	6:17	3.2			12:04	0.3	5:37	8:26	
20	Sun	6:26	3.1	7:02	3.2	12:33	0.8	12:51	0.5	5:38	8:25	
21	Mon	7:13	2.9	7:45	3.2	1:34	0.9	1:40	0.6	5:39	8:24	
22	Tue	8:00	2.7	8:31	3.2	2:34	0.9	2:29	0.7	5:40	8:24	
23	Wed	8:53	2.6	9:21	3.2	3:29	0.9	3:18	0.7	5:41	8:23	
24	Thu	9:52	2.6	10:14	3.3	4:21	0.8	4:06	0.7	5:42	8:22	
25	Fri	10:49	2.6	11:02	3.4	5:09	0.6	4:53	0.7	5:43	8:21	
26	Sat	11:38	2.7	11:45	3.5	5:55	0.5	5:39	0.6	5:43	8:20	
27	Sun			12:22	2.9	6:41	0.4	6:25	0.5	5:44	8:19	
28	Mon	12:24	3.6	1:03	3.0	7:25	0.2	7:12	0.4	5:45	8:18	
29	Tue	1:01	3.7	1:43	3.0	8:08	0.1	7:58	0.4	5:46	8:17	
30	Wed	1:38	3.8	2:23	3.1	8:49	0.0	8:42	0.3	5:47	8:16	
31	Thu	2:18	3.8	3:06	3.2	9:28	-0.1	9:26	0.2	5:48	8:15	