

## Poughkeepsie, NY - Sep 2003

| Date |     | High  |     |       |     | Low   |      |       |      |  |      |    |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|-------------------------------------------------------------------------------------|------|---------------------------------------------------------------------------------------|
|      |     | AM    | ft  | PM    | ft  | AM    | ft   | PM    | ft   | Rise                                                                                | Set  | Moon                                                                                  |
| 1    | Mon | 4:27  | 3.5 | 5:09  | 3.8 | 11:03 | 0.0  | 11:44 | 0.3  | 6:21                                                                                | 7:30 |    |
| 2    | Tue | 5:27  | 3.3 | 6:06  | 3.8 | 11:55 | 0.2  |       |      | 6:22                                                                                | 7:28 |    |
| 3    | Wed | 6:29  | 3.2 | 7:05  | 3.7 | 12:51 | 0.5  | 12:59 | 0.4  | 6:23                                                                                | 7:26 |    |
| 4    | Thu | 7:31  | 3.0 | 8:06  | 3.7 | 2:02  | 0.5  | 2:11  | 0.5  | 6:24                                                                                | 7:25 |    |
| 5    | Fri | 8:39  | 3.0 | 9:13  | 3.6 | 3:10  | 0.5  | 3:19  | 0.5  | 6:25                                                                                | 7:23 |    |
| 6    | Sat | 9:51  | 3.0 | 10:20 | 3.7 | 4:12  | 0.4  | 4:21  | 0.5  | 6:26                                                                                | 7:21 |    |
| 7    | Sun | 10:56 | 3.1 | 11:18 | 3.8 | 5:07  | 0.2  | 5:17  | 0.4  | 6:27                                                                                | 7:20 |    |
| 8    | Mon | 11:50 | 3.3 |       |     | 5:58  | 0.1  | 6:10  | 0.3  | 6:28                                                                                | 7:18 |    |
| 9    | Tue | 12:07 | 3.8 | 12:36 | 3.5 | 6:46  | 0.0  | 6:59  | 0.2  | 6:29                                                                                | 7:16 |    |
| 10   | Wed | 12:52 | 3.9 | 1:19  | 3.6 | 7:31  | 0.0  | 7:46  | 0.2  | 6:30                                                                                | 7:14 |    |
| 11   | Thu | 1:33  | 3.8 | 2:00  | 3.6 | 8:12  | 0.0  | 8:31  | 0.2  | 6:31                                                                                | 7:13 |    |
| 12   | Fri | 2:14  | 3.7 | 2:39  | 3.6 | 8:51  | 0.0  | 9:12  | 0.3  | 6:32                                                                                | 7:11 |   |
| 13   | Sat | 2:55  | 3.5 | 3:19  | 3.5 | 9:26  | 0.2  | 9:52  | 0.4  | 6:33                                                                                | 7:09 |  |
| 14   | Sun | 3:37  | 3.3 | 3:58  | 3.4 | 9:59  | 0.3  | 10:30 | 0.6  | 6:34                                                                                | 7:07 |  |
| 15   | Mon | 4:21  | 3.1 | 4:39  | 3.3 | 10:29 | 0.5  | 11:11 | 0.8  | 6:35                                                                                | 7:06 |  |
| 16   | Tue | 5:08  | 2.9 | 5:21  | 3.2 | 10:59 | 0.7  | 11:59 | 0.9  | 6:36                                                                                | 7:04 |  |
| 17   | Wed | 5:58  | 2.8 | 6:04  | 3.2 | 11:31 | 0.9  |       |      | 6:37                                                                                | 7:02 |  |
| 18   | Thu | 6:48  | 2.6 | 6:49  | 3.1 | 1:00  | 1.0  | 12:18 | 1.0  | 6:38                                                                                | 7:01 |  |
| 19   | Fri | 7:40  | 2.6 | 7:39  | 3.1 | 2:08  | 1.1  | 1:35  | 1.1  | 6:39                                                                                | 6:59 |  |
| 20   | Sat | 8:37  | 2.6 | 8:37  | 3.1 | 3:10  | 1.0  | 2:51  | 1.1  | 6:40                                                                                | 6:57 |  |
| 21   | Sun | 9:40  | 2.7 | 9:42  | 3.3 | 4:03  | 0.8  | 3:52  | 0.9  | 6:41                                                                                | 6:55 |  |
| 22   | Mon | 10:36 | 2.9 | 10:40 | 3.5 | 4:51  | 0.6  | 4:46  | 0.7  | 6:42                                                                                | 6:54 |  |
| 23   | Tue | 11:22 | 3.2 | 11:28 | 3.7 | 5:36  | 0.4  | 5:36  | 0.5  | 6:43                                                                                | 6:52 |  |
| 24   | Wed |       |     | 12:04 | 3.4 | 6:19  | 0.2  | 6:25  | 0.2  | 6:45                                                                                | 6:50 |  |
| 25   | Thu | 12:11 | 3.8 | 12:43 | 3.7 | 7:02  | 0.0  | 7:15  | 0.0  | 6:46                                                                                | 6:48 |  |
| 26   | Fri | 12:53 | 3.9 | 1:24  | 3.9 | 7:45  | -0.2 | 8:04  | -0.1 | 6:47                                                                                | 6:47 |  |
| 27   | Sat | 1:37  | 3.9 | 2:07  | 4.1 | 8:28  | -0.3 | 8:53  | -0.2 | 6:48                                                                                | 6:45 |  |
| 28   | Sun | 2:23  | 3.8 | 2:54  | 4.1 | 9:11  | -0.2 | 9:42  | -0.2 | 6:49                                                                                | 6:43 |  |
| 29   | Mon | 3:14  | 3.7 | 3:47  | 4.1 | 9:54  | -0.1 | 10:33 | 0.0  | 6:50                                                                                | 6:41 |  |
| 30   | Tue | 4:12  | 3.4 | 4:45  | 4.0 | 10:41 | 0.1  | 11:30 | 0.2  | 6:51                                                                                | 6:40 |  |