

Poughkeepsie, NY - Oct 2003

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	5:17	3.3	5:48	3.8	11:36	0.3			6:52	6:38	
2	Thu	6:23	3.1	6:51	3.7	12:35	0.4	12:43	0.5	6:53	6:36	
3	Fri	7:27	3.0	7:54	3.6	1:46	0.5	1:58	0.6	6:54	6:35	
4	Sat	8:33	3.0	8:59	3.5	2:54	0.5	3:08	0.6	6:55	6:33	
5	Sun	9:41	3.1	10:04	3.5	3:54	0.4	4:09	0.6	6:56	6:31	
6	Mon	10:42	3.2	11:00	3.6	4:47	0.3	5:04	0.5	6:57	6:30	
7	Tue	11:32	3.4	11:48	3.6	5:35	0.2	5:53	0.4	6:58	6:28	
8	Wed			12:15	3.5	6:19	0.1	6:40	0.3	6:59	6:26	
9	Thu	12:30	3.6	12:53	3.6	7:00	0.1	7:25	0.2	7:01	6:25	
10	Fri	1:09	3.6	1:29	3.7	7:39	0.1	8:07	0.2	7:02	6:23	
11	Sat	1:46	3.5	2:04	3.7	8:16	0.2	8:47	0.3	7:03	6:21	
12	Sun	2:24	3.3	2:38	3.6	8:50	0.3	9:26	0.3	7:04	6:20	
13	Mon	3:03	3.2	3:11	3.5	9:22	0.4	10:03	0.5	7:05	6:18	
14	Tue	3:45	3.0	3:44	3.4	9:51	0.6	10:40	0.6	7:06	6:17	
15	Wed	4:31	2.8	4:20	3.2	10:19	0.7	11:21	0.8	7:07	6:15	
16	Thu	5:23	2.7	5:03	3.1	10:50	0.9			7:08	6:13	
17	Fri	6:16	2.6	5:55	3.1	12:14	0.9	11:31 AM	1.0	7:09	6:12	
18	Sat	7:08	2.5	6:51	3.1	1:23	1.0	12:38	1.1	7:11	6:10	
19	Sun	8:02	2.6	7:50	3.1	2:29	0.9	2:11	1.1	7:12	6:09	
20	Mon	8:59	2.7	8:55	3.2	3:25	0.7	3:21	0.9	7:13	6:07	
21	Tue	9:56	3.0	9:59	3.4	4:14	0.5	4:19	0.6	7:14	6:06	
22	Wed	10:46	3.3	10:55	3.5	4:59	0.3	5:11	0.3	7:15	6:04	
23	Thu	11:31	3.7	11:44	3.7	5:43	0.0	6:03	0.1	7:16	6:03	
24	Fri			12:14	4.0	6:27	-0.2	6:54	-0.2	7:18	6:01	
25	Sat	12:30	3.8	12:57	4.2	7:13	-0.3	7:46	-0.3	7:19	6:00	
26	Sun	1:16	3.8	12:43	4.3	6:59	-0.4	7:37	-0.4	6:20	4:59	
27	Mon	1:05	3.7	1:32	4.3	7:46	-0.3	8:27	-0.4	6:21	4:57	
28	Tue	1:59	3.5	2:26	4.2	8:34	-0.2	9:19	-0.2	6:22	4:56	
29	Wed	3:00	3.3	3:27	4.0	9:24	0.0	10:15	0.0	6:23	4:54	
30	Thu	4:07	3.1	4:32	3.7	10:20	0.3	11:18	0.2	6:25	4:53	
31	Fri	5:14	3.0	5:36	3.6	11:28	0.5			6:26	4:52	