

Poughkeepsie, NY - Nov 2003

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	6:17	3.0	6:37	3.4	12:26	0.3	12:42	0.7	6:27	4:51	
2	Sun	7:18	3.0	7:38	3.3	1:31	0.3	1:51	0.7	6:28	4:49	
3	Mon	8:20	3.1	8:38	3.2	2:30	0.3	2:52	0.6	6:30	4:48	
4	Tue	9:18	3.2	9:34	3.3	3:20	0.2	3:45	0.5	6:31	4:47	
5	Wed	10:07	3.3	10:22	3.3	4:06	0.2	4:33	0.4	6:32	4:46	
6	Thu	10:48	3.5	11:04	3.3	4:47	0.1	5:18	0.3	6:33	4:45	
7	Fri	11:25	3.6	11:43	3.2	5:26	0.1	6:01	0.2	6:34	4:43	
8	Sat			12:00	3.6	6:04	0.1	6:43	0.2	6:36	4:42	
9	Sun	12:21	3.2	12:33	3.6	6:41	0.2	7:24	0.2	6:37	4:41	
10	Mon	12:58	3.1	1:04	3.6	7:17	0.3	8:02	0.2	6:38	4:40	
11	Tue	1:37	2.9	1:34	3.5	7:51	0.4	8:40	0.3	6:39	4:39	
12	Wed	2:17	2.8	2:04	3.3	8:22	0.5	9:17	0.4	6:41	4:38	
13	Thu	3:02	2.6	2:37	3.2	8:53	0.6	9:55	0.5	6:42	4:37	
14	Fri	3:52	2.5	3:19	3.1	9:26	0.7	10:40	0.6	6:43	4:36	
15	Sat	4:45	2.5	4:13	3.1	10:06	0.8	11:38	0.7	6:44	4:35	
16	Sun	5:36	2.5	5:12	3.0	11:04	0.9			6:45	4:35	
17	Mon	6:25	2.6	6:11	3.0	12:43	0.6	12:31	0.9	6:47	4:34	
18	Tue	7:17	2.8	7:12	3.1	1:41	0.5	1:49	0.7	6:48	4:33	
19	Wed	8:13	3.0	8:18	3.1	2:33	0.3	2:52	0.5	6:49	4:32	
20	Thu	9:09	3.4	9:21	3.3	3:21	0.1	3:48	0.2	6:50	4:31	
21	Fri	10:00	3.7	10:17	3.4	4:08	-0.1	4:42	-0.1	6:51	4:31	
22	Sat	10:48	4.0	11:09	3.5	4:56	-0.3	5:35	-0.3	6:53	4:30	
23	Sun	11:36	4.2	11:59	3.5	5:45	-0.4	6:29	-0.5	6:54	4:30	
24	Mon			12:24	4.3	6:35	-0.5	7:22	-0.6	6:55	4:29	
25	Tue	12:51	3.4	1:15	4.2	7:27	-0.4	8:13	-0.5	6:56	4:28	
26	Wed	1:47	3.3	2:10	4.0	8:18	-0.3	9:05	-0.4	6:57	4:28	
27	Thu	2:49	3.2	3:11	3.8	9:09	-0.1	9:58	-0.3	6:58	4:27	
28	Fri	3:54	3.0	4:14	3.6	10:05	0.1	10:55	-0.1	6:59	4:27	
29	Sat	4:58	3.0	5:15	3.4	11:08	0.4	11:57	0.1	7:00	4:27	
30	Sun	5:57	2.9	6:12	3.2			12:17	0.5	7:01	4:26	