

Poughkeepsie, NY - Dec 2003

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	6:53	2.9	7:07	3.0	12:59	0.2	1:25	0.6	7:03	4:26	
2	Tue	7:48	2.9	8:03	2.9	1:56	0.2	2:26	0.5	7:04	4:26	
3	Wed	8:43	3.0	8:59	2.8	2:46	0.2	3:20	0.4	7:05	4:25	
4	Thu	9:34	3.1	9:51	2.8	3:31	0.2	4:08	0.3	7:06	4:25	
5	Fri	10:18	3.3	10:37	2.8	4:12	0.2	4:53	0.2	7:07	4:25	
6	Sat	10:57	3.4	11:18	2.8	4:52	0.1	5:37	0.1	7:08	4:25	
7	Sun	11:33	3.4	11:58	2.8	5:31	0.1	6:20	0.1	7:08	4:25	
8	Mon			12:07	3.4	6:10	0.2	7:01	0.0	7:09	4:25	
9	Tue	12:37	2.8	12:39	3.4	6:49	0.2	7:41	0.0	7:10	4:25	
10	Wed	1:16	2.7	1:10	3.3	7:27	0.2	8:20	0.0	7:11	4:25	
11	Thu	1:56	2.6	1:41	3.3	8:03	0.3	8:57	0.1	7:12	4:25	
12	Fri	2:38	2.5	2:14	3.2	8:37	0.4	9:34	0.2	7:13	4:25	
13	Sat	3:23	2.5	2:56	3.1	9:12	0.4	10:14	0.2	7:14	4:25	
14	Sun	4:12	2.5	3:46	3.0	9:52	0.5	10:59	0.3	7:14	4:25	
15	Mon	5:00	2.6	4:42	3.0	10:44	0.6	11:54	0.3	7:15	4:26	
16	Tue	5:48	2.7	5:39	2.9	11:58	0.6			7:16	4:26	
17	Wed	6:38	2.9	6:38	2.9	12:53	0.2	1:17	0.5	7:16	4:26	
18	Thu	7:33	3.1	7:42	2.9	1:50	0.1	2:26	0.3	7:17	4:26	
19	Fri	8:33	3.3	8:51	2.9	2:45	-0.1	3:27	0.0	7:18	4:27	
20	Sat	9:33	3.6	9:55	3.0	3:38	-0.2	4:24	-0.2	7:18	4:27	
21	Sun	10:28	3.8	10:53	3.1	4:30	-0.4	5:19	-0.4	7:19	4:28	
22	Mon	11:20	4.0	11:47	3.2	5:24	-0.5	6:14	-0.6	7:19	4:28	
23	Tue			12:11	4.1	6:18	-0.5	7:07	-0.7	7:20	4:29	
24	Wed	12:40	3.2	1:03	4.0	7:12	-0.5	7:58	-0.7	7:20	4:29	
25	Thu	1:36	3.1	1:57	3.8	8:04	-0.4	8:48	-0.6	7:21	4:30	
26	Fri	2:34	3.1	2:53	3.6	8:55	-0.3	9:37	-0.5	7:21	4:31	
27	Sat	3:34	3.0	3:51	3.4	9:46	-0.1	10:28	-0.3	7:21	4:31	
28	Sun	4:33	2.9	4:47	3.2	10:42	0.2	11:21	-0.1	7:21	4:32	
29	Mon	5:27	2.9	5:40	3.0	11:44	0.4			7:22	4:33	
30	Tue	6:18	2.8	6:31	2.8	12:17	0.0	12:49	0.5	7:22	4:33	
31	Wed	7:08	2.8	7:23	2.6	1:12	0.2	1:51	0.5	7:22	4:34	