

Poughkeepsie, NY - Jan 2004

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	7:57	2.8	8:17	2.5	2:00	0.2	2:47	0.4	7:22	4:35	
2	Fri	8:50	2.9	9:13	2.4	2:48	0.3	3:38	0.3	7:22	4:36	
3	Sat	9:40	3.0	10:06	2.4	3:32	0.2	4:25	0.2	7:22	4:37	
4	Sun	10:26	3.1	10:53	2.5	4:16	0.2	5:10	0.1	7:22	4:38	
5	Mon	11:06	3.2	11:35	2.6	4:58	0.2	5:54	0.0	7:22	4:39	
6	Tue	11:43	3.2			5:41	0.1	6:37	-0.1	7:22	4:40	
7	Wed	12:15	2.6	12:18	3.3	6:24	0.1	7:18	-0.1	7:22	4:41	
8	Thu	12:54	2.6	12:51	3.3	7:05	0.1	7:57	-0.2	7:22	4:42	
9	Fri	1:32	2.6	1:23	3.2	7:44	0.1	8:34	-0.2	7:22	4:43	
10	Sat	2:10	2.6	1:58	3.2	8:21	0.1	9:09	-0.2	7:22	4:44	
11	Sun	2:50	2.6	2:37	3.1	8:58	0.1	9:44	-0.1	7:21	4:45	
12	Mon	3:33	2.7	3:23	3.0	9:38	0.1	10:21	-0.1	7:21	4:46	
13	Tue	4:20	2.7	4:15	2.9	10:26	0.2	11:05	0.0	7:21	4:47	
14	Wed	5:09	2.9	5:11	2.8	11:30	0.3			7:20	4:48	
15	Thu	6:01	3.0	6:09	2.7	12:01	0.0	12:49	0.3	7:20	4:49	
16	Fri	6:57	3.1	7:13	2.6	1:06	0.0	2:03	0.2	7:20	4:50	
17	Sat	8:01	3.2	8:27	2.6	2:11	0.0	3:09	0.0	7:19	4:51	
18	Sun	9:10	3.4	9:41	2.7	3:13	-0.1	4:09	-0.2	7:19	4:53	
19	Mon	10:13	3.6	10:44	2.8	4:13	-0.3	5:05	-0.4	7:18	4:54	
20	Tue	11:10	3.7	11:39	3.0	5:10	-0.4	6:00	-0.6	7:17	4:55	
21	Wed			12:02	3.8	6:06	-0.5	6:52	-0.7	7:17	4:56	
22	Thu	12:32	3.1	12:52	3.8	7:00	-0.5	7:42	-0.8	7:16	4:57	
23	Fri	1:24	3.1	1:43	3.7	7:51	-0.5	8:28	-0.7	7:15	4:59	
24	Sat	2:16	3.1	2:33	3.5	8:38	-0.4	9:12	-0.6	7:15	5:00	
25	Sun	3:08	3.0	3:24	3.3	9:25	-0.2	9:55	-0.4	7:14	5:01	
26	Mon	3:59	3.0	4:14	3.1	10:13	0.0	10:38	-0.2	7:13	5:02	
27	Tue	4:48	2.9	5:03	2.8	11:05	0.2	11:25	0.0	7:12	5:04	
28	Wed	5:35	2.8	5:51	2.6			12:05	0.4	7:11	5:05	
29	Thu	6:20	2.8	6:40	2.4	12:15	0.2	1:07	0.5	7:10	5:06	
30	Fri	7:07	2.7	7:34	2.2	1:08	0.4	2:08	0.5	7:10	5:07	
31	Sat	8:01	2.7	8:35	2.2	2:02	0.4	3:04	0.5	7:09	5:09	