

Poughkeepsie, NY - Jun 2004

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	11:40	3.2			6:09	-0.1	6:12	-0.1	5:23	8:24	
2	Wed	12:05	4.1	12:33	3.3	7:03	-0.3	7:04	-0.1	5:22	8:24	
3	Thu	12:54	4.3	1:26	3.3	7:57	-0.4	7:58	-0.2	5:22	8:25	
4	Fri	1:45	4.3	2:23	3.3	8:50	-0.5	8:52	-0.1	5:22	8:26	
5	Sat	2:41	4.2	3:24	3.2	9:41	-0.4	9:45	0.0	5:21	8:26	
6	Sun	3:41	4.0	4:29	3.2	10:33	-0.3	10:40	0.1	5:21	8:27	
7	Mon	4:44	3.8	5:32	3.2	11:27	-0.2	11:40	0.3	5:21	8:28	
8	Tue	5:46	3.6	6:31	3.2			12:25	0.0	5:21	8:28	
9	Wed	6:43	3.4	7:25	3.3	12:47	0.5	1:25	0.1	5:20	8:29	
10	Thu	7:37	3.3	8:18	3.3	1:54	0.6	2:22	0.2	5:20	8:29	
11	Fri	8:31	3.1	9:12	3.3	2:58	0.6	3:14	0.2	5:20	8:30	
12	Sat	9:28	3.0	10:04	3.4	3:55	0.5	4:02	0.3	5:20	8:30	
13	Sun	10:24	2.9	10:52	3.5	4:46	0.4	4:46	0.3	5:20	8:31	
14	Mon	11:15	2.9	11:35	3.5	5:34	0.4	5:28	0.4	5:20	8:31	
15	Tue			12:01	2.9	6:20	0.3	6:10	0.4	5:20	8:32	
16	Wed	12:14	3.6	12:43	2.9	7:04	0.2	6:51	0.4	5:20	8:32	
17	Thu	12:51	3.6	1:25	2.9	7:48	0.2	7:33	0.5	5:20	8:32	
18	Fri	1:26	3.6	2:07	2.8	8:29	0.2	8:14	0.5	5:20	8:33	
19	Sat	2:01	3.5	2:50	2.8	9:09	0.2	8:53	0.6	5:20	8:33	
20	Sun	2:35	3.4	3:35	2.8	9:46	0.2	9:30	0.6	5:21	8:33	
21	Mon	3:10	3.3	4:21	2.7	10:23	0.3	10:05	0.7	5:21	8:33	
22	Tue	3:47	3.3	5:06	2.8	10:59	0.3	10:43	0.8	5:21	8:34	
23	Wed	4:30	3.2	5:48	2.8	11:37	0.4	11:27	0.8	5:21	8:34	
24	Thu	5:18	3.1	6:29	2.9			12:20	0.4	5:22	8:34	
25	Fri	6:09	3.1	7:10	3.1	12:27	0.8	1:10	0.4	5:22	8:34	
26	Sat	7:02	3.0	7:57	3.3	1:40	0.8	2:05	0.4	5:22	8:34	
27	Sun	7:59	3.0	8:50	3.5	2:51	0.7	3:01	0.3	5:23	8:34	
28	Mon	9:04	2.9	9:50	3.7	3:55	0.4	3:57	0.2	5:23	8:34	
29	Tue	10:15	3.0	10:50	4.0	4:53	0.2	4:52	0.1	5:24	8:34	
30	Wed	11:20	3.1	11:46	4.1	5:50	0.0	5:48	0.0	5:24	8:34	