

Poughkeepsie, NY - Jul 2004

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu			12:18	3.2	6:46	-0.2	6:46	-0.1	5:25	8:34	
2	Fri	12:40	4.3	1:14	3.3	7:41	-0.3	7:43	-0.1	5:25	8:33	
3	Sat	1:34	4.3	2:12	3.4	8:35	-0.4	8:39	-0.1	5:26	8:33	
4	Sun	2:30	4.2	3:11	3.4	9:25	-0.5	9:33	0.0	5:26	8:33	
5	Mon	3:27	4.0	4:11	3.4	10:14	-0.4	10:26	0.1	5:27	8:33	
6	Tue	4:26	3.8	5:10	3.4	11:04	-0.3	11:21	0.3	5:28	8:32	
7	Wed	5:23	3.6	6:05	3.4	11:55	-0.1			5:28	8:32	
8	Thu	6:16	3.4	6:56	3.4	12:21	0.5	12:48	0.1	5:29	8:32	
9	Fri	7:07	3.2	7:44	3.3	1:24	0.6	1:42	0.3	5:30	8:31	
10	Sat	7:58	3.0	8:33	3.3	2:27	0.7	2:34	0.4	5:30	8:31	
11	Sun	8:51	2.8	9:24	3.3	3:25	0.7	3:23	0.5	5:31	8:30	
12	Mon	9:49	2.7	10:16	3.4	4:18	0.6	4:10	0.6	5:32	8:30	
13	Tue	10:45	2.7	11:05	3.4	5:07	0.5	4:55	0.6	5:33	8:29	
14	Wed	11:35	2.7	11:48	3.5	5:54	0.5	5:39	0.6	5:34	8:29	
15	Thu			12:21	2.8	6:39	0.4	6:24	0.6	5:34	8:28	
16	Fri	12:28	3.5	1:03	2.9	7:22	0.3	7:08	0.5	5:35	8:28	
17	Sat	1:06	3.6	1:44	2.9	8:05	0.2	7:52	0.5	5:36	8:27	
18	Sun	1:41	3.6	2:25	2.9	8:44	0.2	8:33	0.5	5:37	8:26	
19	Mon	2:14	3.5	3:05	2.9	9:21	0.2	9:11	0.5	5:38	8:25	
20	Tue	2:47	3.5	3:45	3.0	9:56	0.2	9:48	0.6	5:39	8:25	
21	Wed	3:23	3.4	4:25	3.0	10:29	0.2	10:26	0.6	5:40	8:24	
22	Thu	4:03	3.3	5:06	3.1	11:02	0.3	11:09	0.6	5:40	8:23	
23	Fri	4:50	3.2	5:49	3.2	11:38	0.3			5:41	8:22	
24	Sat	5:42	3.1	6:34	3.4	12:03	0.7	12:23	0.4	5:42	8:21	
25	Sun	6:36	3.0	7:24	3.5	1:13	0.7	1:20	0.4	5:43	8:20	
26	Mon	7:35	2.9	8:20	3.6	2:27	0.6	2:26	0.4	5:44	8:19	
27	Tue	8:42	2.9	9:26	3.8	3:35	0.5	3:32	0.3	5:45	8:18	
28	Wed	9:58	2.9	10:34	3.9	4:36	0.3	4:35	0.2	5:46	8:17	
29	Thu	11:08	3.1	11:35	4.1	5:34	0.1	5:35	0.1	5:47	8:16	
30	Fri			12:08	3.2	6:30	-0.1	6:34	0.0	5:48	8:15	
31	Sat	12:30	4.2	1:03	3.4	7:24	-0.3	7:31	-0.1	5:49	8:14	