

Poughkeepsie, NY - Aug 2004

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	1:23	4.2	1:57	3.5	8:16	-0.4	8:25	-0.1	5:50	8:13	
2	Mon	2:15	4.1	2:51	3.6	9:04	-0.4	9:17	0.0	5:51	8:12	
3	Tue	3:07	4.0	3:45	3.6	9:50	-0.4	10:06	0.1	5:52	8:11	
4	Wed	4:00	3.8	4:39	3.5	10:34	-0.2	10:56	0.3	5:53	8:09	
5	Thu	4:53	3.6	5:31	3.5	11:19	0.0	11:49	0.5	5:54	8:08	
6	Fri	5:45	3.3	6:19	3.4			12:05	0.3	5:55	8:07	
7	Sat	6:35	3.1	7:06	3.3	12:48	0.7	12:55	0.5	5:56	8:06	
8	Sun	7:25	2.9	7:52	3.3	1:50	0.8	1:48	0.7	5:57	8:04	
9	Mon	8:17	2.7	8:42	3.2	2:51	0.8	2:42	0.8	5:58	8:03	
10	Tue	9:15	2.6	9:38	3.2	3:47	0.8	3:35	0.8	5:59	8:02	
11	Wed	10:15	2.6	10:34	3.3	4:39	0.7	4:25	0.8	6:00	8:00	
12	Thu	11:10	2.7	11:23	3.4	5:26	0.6	5:13	0.7	6:01	7:59	
13	Fri	11:57	2.9			6:10	0.5	5:59	0.7	6:02	7:58	
14	Sat	12:05	3.5	12:39	3.0	6:53	0.4	6:44	0.6	6:03	7:56	
15	Sun	12:43	3.6	1:18	3.1	7:35	0.3	7:28	0.5	6:04	7:55	
16	Mon	1:17	3.6	1:54	3.2	8:14	0.2	8:10	0.4	6:05	7:53	
17	Tue	1:50	3.6	2:30	3.2	8:50	0.1	8:51	0.4	6:06	7:52	
18	Wed	2:22	3.6	3:05	3.3	9:25	0.1	9:30	0.4	6:07	7:51	
19	Thu	2:58	3.5	3:42	3.4	9:57	0.1	10:09	0.4	6:08	7:49	
20	Fri	3:38	3.4	4:24	3.5	10:29	0.2	10:53	0.5	6:09	7:48	
21	Sat	4:26	3.3	5:12	3.5	11:05	0.3	11:45	0.6	6:10	7:46	
22	Sun	5:21	3.1	6:05	3.6	11:49	0.4			6:11	7:44	
23	Mon	6:21	3.0	7:01	3.6	12:54	0.7	12:50	0.5	6:13	7:43	
24	Tue	7:24	2.9	8:03	3.7	2:10	0.7	2:07	0.6	6:14	7:41	
25	Wed	8:34	2.9	9:13	3.7	3:20	0.5	3:21	0.5	6:15	7:40	
26	Thu	9:52	3.0	10:25	3.8	4:23	0.4	4:27	0.4	6:16	7:38	
27	Fri	11:01	3.2	11:26	4.0	5:20	0.2	5:26	0.2	6:17	7:37	
28	Sat	11:59	3.4			6:13	0.0	6:23	0.1	6:18	7:35	
29	Sun	12:19	4.1	12:50	3.6	7:04	-0.2	7:17	0.0	6:19	7:33	
30	Mon	1:08	4.1	1:39	3.7	7:53	-0.3	8:09	0.0	6:20	7:32	
31	Tue	1:55	4.0	2:26	3.8	8:38	-0.3	8:57	0.0	6:21	7:30	