

Poughkeepsie, NY - Oct 2004

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	3:00	3.5	3:19	3.7	9:26	0.1	10:02	0.3	6:53	6:37	
2	Sat	3:46	3.2	4:02	3.6	10:01	0.4	10:44	0.5	6:54	6:35	
3	Sun	4:36	3.0	4:47	3.4	10:36	0.6	11:31	0.7	6:55	6:33	
4	Mon	5:30	2.8	5:36	3.2	11:11	0.8			6:56	6:32	
5	Tue	6:23	2.7	6:27	3.1	12:26	0.9	11:56 AM	1.0	6:57	6:30	
6	Wed	7:16	2.6	7:19	3.0	1:31	1.0	1:05	1.2	6:58	6:28	
7	Thu	8:11	2.6	8:15	3.0	2:34	1.0	2:21	1.2	6:59	6:27	
8	Fri	9:09	2.7	9:15	3.0	3:30	0.9	3:24	1.1	7:00	6:25	
9	Sat	10:06	2.8	10:11	3.2	4:17	0.7	4:17	0.9	7:01	6:23	
10	Sun	10:54	3.0	10:59	3.3	5:00	0.5	5:05	0.7	7:02	6:22	
11	Mon	11:34	3.3	11:40	3.5	5:40	0.4	5:50	0.5	7:04	6:20	
12	Tue			12:10	3.5	6:19	0.2	6:35	0.3	7:05	6:18	
13	Wed	12:17	3.6	12:44	3.8	6:58	0.1	7:21	0.1	7:06	6:17	
14	Thu	12:53	3.6	1:18	3.9	7:38	0.0	8:07	0.0	7:07	6:15	
15	Fri	1:32	3.6	1:56	4.0	8:17	0.0	8:53	-0.1	7:08	6:14	
16	Sat	2:14	3.5	2:39	4.1	8:58	0.0	9:39	0.0	7:09	6:12	
17	Sun	3:03	3.3	3:28	4.0	9:40	0.1	10:28	0.1	7:10	6:11	
18	Mon	4:00	3.2	4:27	3.8	10:26	0.2	11:24	0.2	7:11	6:09	
19	Tue	5:08	3.0	5:35	3.7	11:21	0.4			7:13	6:08	
20	Wed	6:18	3.0	6:42	3.6	12:31	0.4	12:34	0.6	7:14	6:06	
21	Thu	7:24	3.0	7:48	3.5	1:42	0.4	1:55	0.7	7:15	6:05	
22	Fri	8:31	3.0	8:54	3.5	2:49	0.4	3:07	0.6	7:16	6:03	
23	Sat	9:37	3.2	9:58	3.5	3:48	0.2	4:09	0.4	7:17	6:02	
24	Sun	10:37	3.4	10:55	3.5	4:40	0.1	5:04	0.3	7:18	6:00	
25	Mon	11:27	3.6	11:44	3.6	5:28	0.0	5:55	0.1	7:20	5:59	
26	Tue			12:11	3.8	6:13	-0.1	6:44	0.1	7:21	5:57	
27	Wed	12:28	3.6	12:51	3.8	6:55	-0.1	7:30	0.0	7:22	5:56	
28	Thu	1:10	3.5	1:28	3.9	7:37	0.0	8:15	0.0	7:23	5:55	
29	Fri	1:51	3.4	2:05	3.8	8:16	0.1	8:57	0.1	7:24	5:53	
30	Sat	2:33	3.2	2:42	3.7	8:53	0.2	9:37	0.2	7:26	5:52	
31	Sun	2:17	3.0	2:20	3.5	8:28	0.4	9:17	0.4	6:27	4:51	